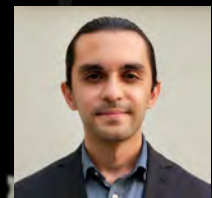


# Aesthetic & Functional Oral Rehabilitation

A Multi-Disciplinary Case involving Periodontics, Orthodontics, Implants, Veneers, and Crowns



Siavash Ghadiri Zahrani

DDS Candidate, Class of 2024

University of the Pacific, Arthur A. Dugoni School of Dentistry





# Patient Overview

46 years old, male (ASA I)



CC

- Waiting on implants since he first presented to the clinic in 2016
- Unhappy with ortho outcomes, wants aesthetic improvements

MHx

- In good health, no medications, NKDA

DH

- Moderately restored
- Recently completed orthodontic treatment at an outside clinic

SH

- -TOB, -MJ, -EtOH





# When Dealing with the “*Dominant Patient*”:

- Be brief
- Be direct
- Be prepared

## Dominant patient

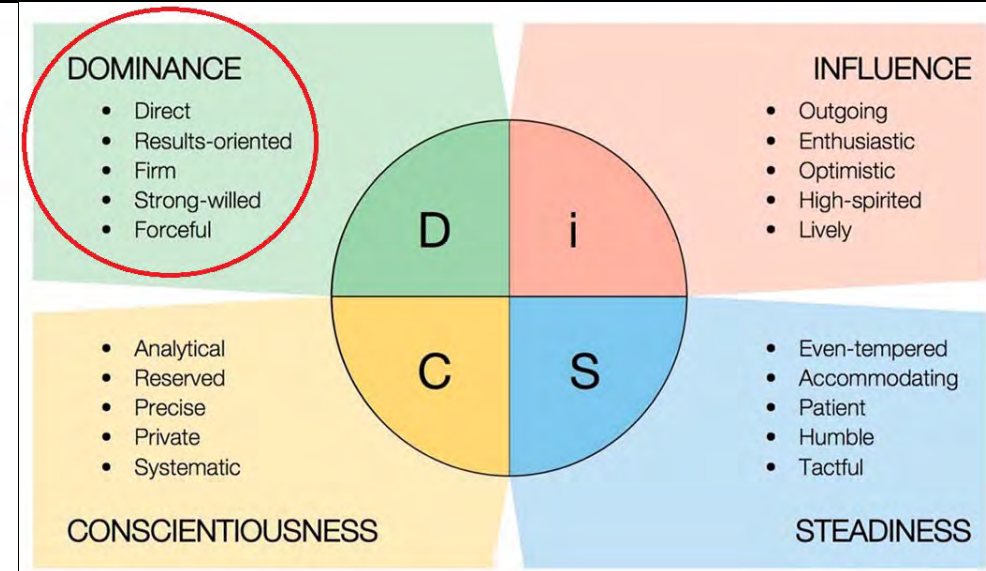
When motivating a dominant patient, **dental professionals need to be brief and to the point**. The typical dominant patient is likely to be **impatient** and wishes to make decisions quickly, so an **inordinate amount of socializing with him or her may be detrimental to treatment acceptance**. Dental team members who have an influencing style and who value getting to know patients may need to monitor their tendency to socialize too much when interacting with dominant patients.

Although dominant people may be disorganized themselves, **they dislike disorganization in others** and resent having their time wasted. Thus, **case presentations should be well-organized, and preparation is essential**. Dentists and dental team members should provide patients with a **focused and direct case presentation, centered around three major points**:

- This is what you need.
- This is why you need it.
- This is what will happen if we do not proceed.<sup>23</sup>

Dominant patients may become impatient and overwhelmed by too many details. Dental team members who have a cautious behavioral style, focusing on the details as their standard approach to case presentation, may need to limit the amount of detail they provide, unless the patient specifically asks for more information.

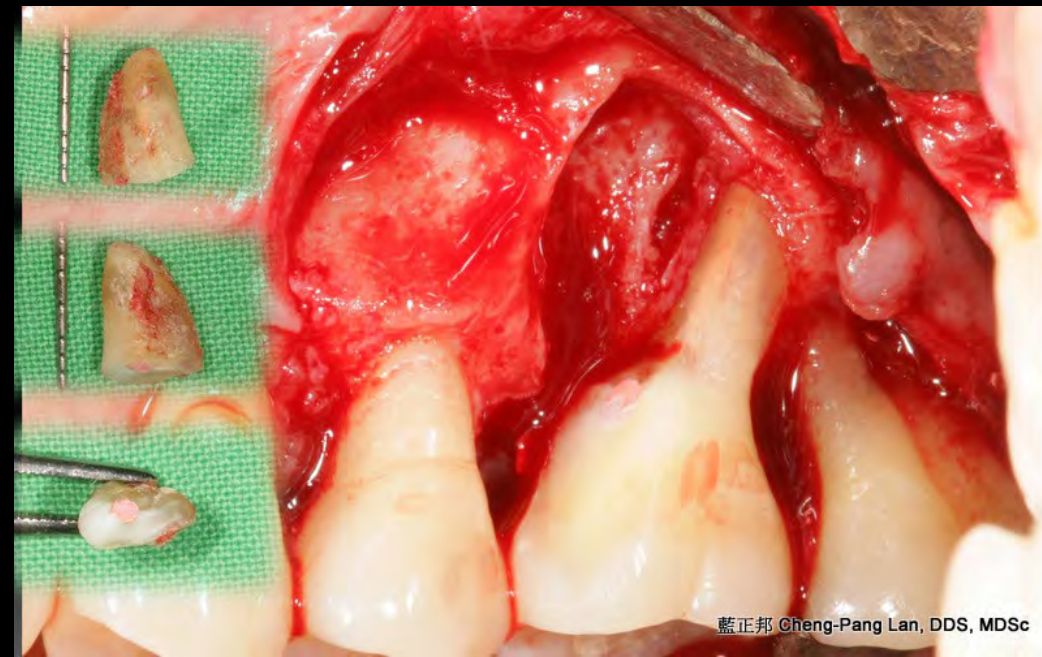
**Dominant patients may be intimidating**, especially to team members with a steady or cautious behavioral style. On the plus side, dominant people like innovation, so they may be especially receptive to new treatment modalities or products.





# Treatment History

Orthodontics!

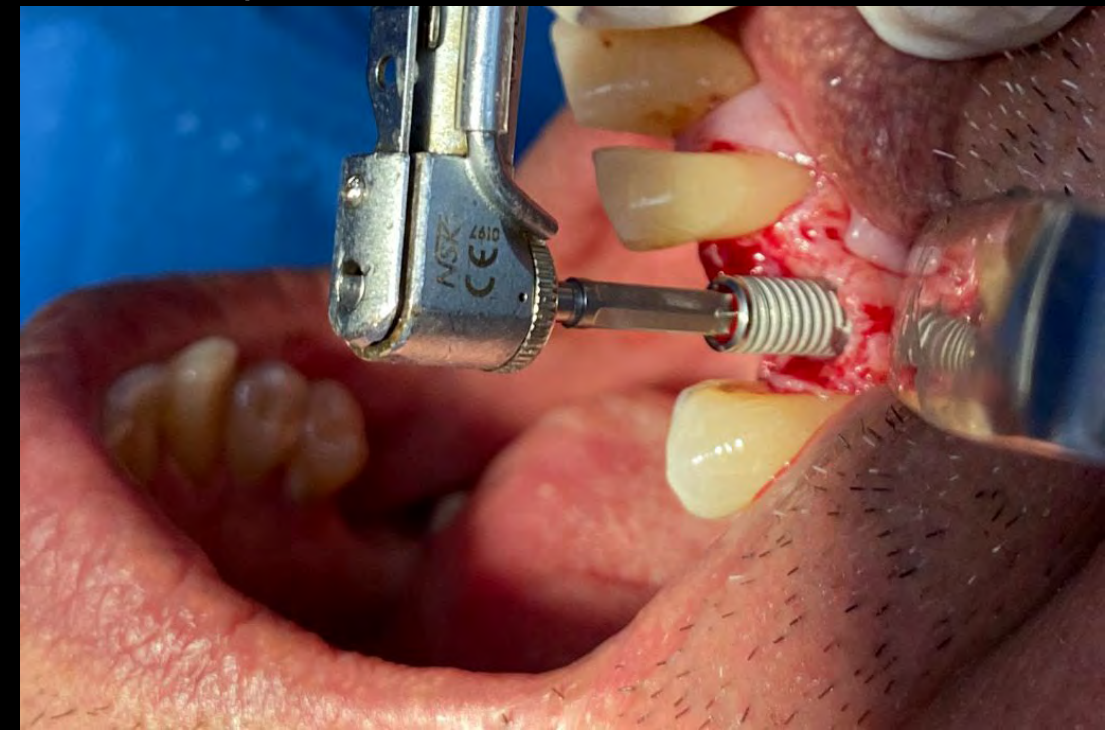


Root amputation!

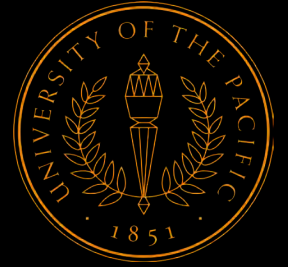
Crowns & Veneers!



Implants!



# Head & Neck Evaluation



## IOE

Tongue, floor of mouth, palate, mucosa, and all else non-remarkable

## TMJ

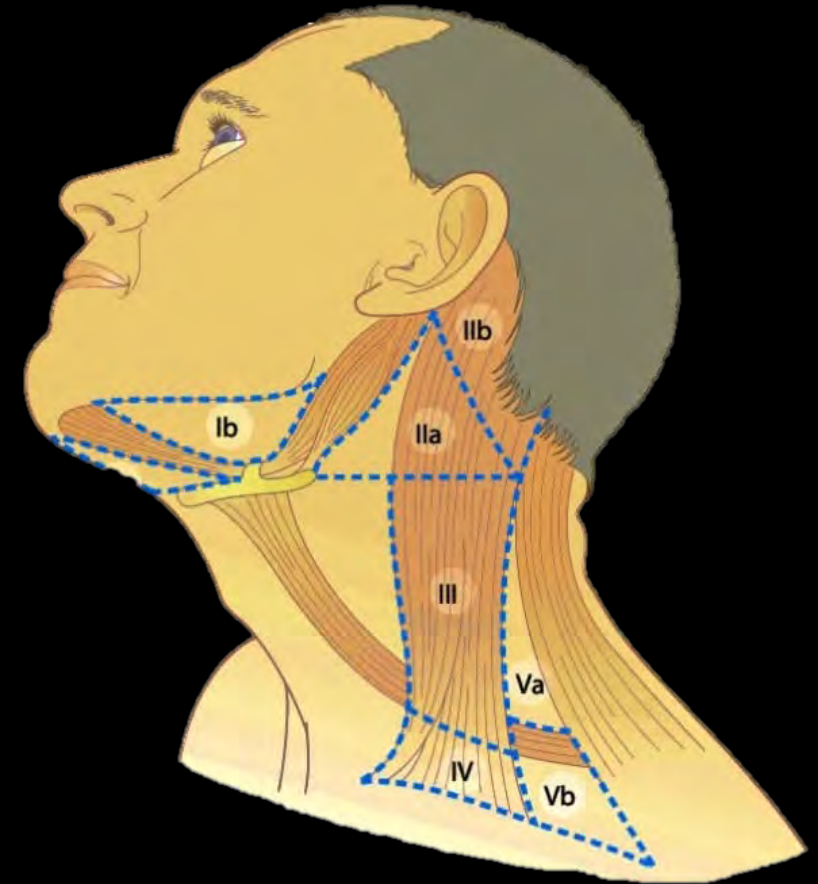
Non-remarkable  
No pain, clicking, popping, or deviation

## EOE

No lymphadenopathy  
No trismus  
No soft tissue swelling  
All else non-remarkable

## GINGIVA

Generally healthy, pink, rolled margins  
Slightly erythematous around 14, 21, 32 with BOP









# Periodontal Evaluation



## Overview

- **Dx:** Generalized healthy periodontium with **localized moderate chronic periodontitis**
- Probing depths **generally 1-3mm** with 4mm on DL of #15, and 4-5mm on #32
- **Class II furcation** mesial #14, distal #15
- Plaque Index of **1** (fair)
- No mobility

## Prognosis

- **Good overall** with proper home care and adherence to recalls

## Etiology

- Bacteria / plaque
- Previously inadequate home care

## Staging & Grading

- Localized Stage II Grade A



Stippled, pink, healthy gingiva with rolled margins



# Caries Risk Evaluation

## Etiology

- **Small proximal lesions** diagnosed during maxillary preparation
- High carb diet

## Diagnosis

- **Moderate-High overall caries risk**
- High due to EXT #2, #3 in 2022

## Prognosis

- **Good overall** with adherence to recalls and proper home care



### Caries Risk Assessment Form (Age >6)

		Low Risk	Moderate Risk	High Risk
<b>Contributing Conditions</b>		Check or Circle the conditions that apply		
I.	<b>Fluoride Exposure</b> (through drinking water, supplements, professional applications, toothpaste)	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
II.	<b>Sugary Foods or Drinks</b> (including juice, carbonated or non-carbonated soft drinks, energy drinks, medicinal syrups)	Primarily at mealtimes <input type="checkbox"/>		Frequent or prolonged between meal exposures/day <input type="checkbox"/>
III.	<b>Caries Experience of Mother, Caregiver and/or other Siblings</b> (for patients ages 6-14)	No carious lesions in last 24 months <input type="checkbox"/>	Carious lesions in last 7-23 months <input checked="" type="checkbox"/>	Carious lesions in last 6 months <input type="checkbox"/>
IV.	<b>Dental Home:</b> established patient of record, receiving regular dental care in a dental office	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
<b>General Health Conditions</b>		Check or Circle the conditions that apply		
I.	<b>Special Health Care Needs</b> (developmental, physical, medical or mental disabilities that prevent or limit performance of adequate oral health care by themselves or caregivers)	<input checked="" type="checkbox"/> No	Yes (over age 14) <input type="checkbox"/>	Yes (ages 6-14) <input type="checkbox"/>
II.	<b>Chemo/Radiation Therapy</b>	<input checked="" type="checkbox"/> No		<input type="checkbox"/> Yes
III.	<b>Eating Disorders</b>	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes	
IV.	<b>Medications that Reduce Salivary Flow</b>	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes	
V.	<b>Drug/Alcohol Abuse</b>	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes	
<b>Clinical Conditions</b>		Check or Circle the conditions that apply		
I.	<b>Cavitated or Non-Cavitated</b> (incipient) <b>Cariou Lesions or Restorations</b> (visually or radiographically evident)	No new carious lesions or restorations in last 36 months <input type="checkbox"/>	1 or 2 new carious lesions or restorations in last 36 months <input checked="" type="checkbox"/>	3 or more carious lesions or restorations in last 36 months <input type="checkbox"/>
II.	<b>Teeth Missing Due to Caries in past 36 months</b>	<input type="checkbox"/> No		<input checked="" type="checkbox"/> Yes
III.	<b>Visible Plaque</b>	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes	
IV.	<b>Unusual Tooth Morphology</b> that compromises oral hygiene	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes	
V.	<b>Interproximal Restorations - 1 or more</b>	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes	
VI.	<b>Exposed Root Surfaces Present</b>	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes	
VII.	<b>Restorations with Overhangs and/or Open Margins; Open Contacts</b> with Food Impaction	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes	
VIII.	<b>Dental/Orthodontic Appliances</b> (fixed or removable)	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes	
IX.	<b>Severe Dry Mouth (Xerostomia)</b>	<input checked="" type="checkbox"/> No		<input type="checkbox"/> Yes

Overall assessment of dental caries risk:

Low

Moderate

High



# Caries Risk Evaluation

## Disease Indicators

- Proximal lesions found during prep

## Risk Factors

- High ATP reading (2950)
- Deep pits/fissures
- Exposed roots

## Protective Factors

- Fluoride toothpaste 2x daily
- Flossing nightly
- Adequate saliva flow



### Caries Risk Assessment Form (Age >6)

		Low Risk	Moderate Risk	High Risk
<b>Contributing Conditions</b>		Check or Circle the conditions that apply		
I.	<b>Fluoride Exposure</b> (through drinking water, supplements, professional applications, toothpaste)	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
II.	<b>Sugary Foods or Drinks</b> (including juice, carbonated or non-carbonated soft drinks, energy drinks, medicinal syrups)	Primarily at mealtimes <input type="checkbox"/>		Frequent or prolonged between meal exposures/day <input type="checkbox"/>
III.	<b>Caries Experience of Mother, Caregiver and/or other Siblings</b> (for patients ages 6-14)	No carious lesions in last 24 months <input type="checkbox"/>	Carious lesions in last 7-23 months <input type="checkbox"/>	Carious lesions in last 6 months <input type="checkbox"/>
IV.	<b>Dental Home:</b> established patient of record, receiving regular dental care in a dental office	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
<b>General Health Conditions</b>		Check or Circle the conditions that apply		
I.	<b>Special Health Care Needs</b> (developmental, physical, medical or mental disabilities that prevent or limit performance of adequate oral health care by themselves or caregivers)	<input type="checkbox"/> No	Yes (over age 14) <input type="checkbox"/>	Yes (ages 6-14) <input type="checkbox"/>
II.	<b>Chemo/Radiation Therapy</b>	<input type="checkbox"/> No		<input type="checkbox"/> Yes
III.	<b>Eating Disorders</b>	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
IV.	<b>Medications that Reduce Salivary Flow</b>	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
V.	<b>Drug/Alcohol Abuse</b>	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
<b>Clinical Conditions</b>		Check or Circle the conditions that apply		
I.	<b>Cavitated or Non-Cavitated</b> (incipient) <b>Cariou Lesions or Restorations</b> (visually or radiographically evident)	No new carious lesions or restorations in last 36 months <input type="checkbox"/>	1 or 2 new carious lesions or restorations in last 36 months <input type="checkbox"/>	3 or more carious lesions or restorations in last 36 months <input type="checkbox"/>
II.	<b>Teeth Missing Due to Caries in past 36 months</b>	<input type="checkbox"/> No		<input checked="" type="checkbox"/> Yes
III.	<b>Visible Plaque</b>	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
IV.	<b>Unusual Tooth Morphology</b> that compromises oral hygiene	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
V.	<b>Interproximal Restorations - 1 or more</b>	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes	
VI.	<b>Exposed Root Surfaces Present</b>	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes	
VII.	<b>Restorations with Overhangs and/or Open Margins; Open Contacts</b> with Food Impaction	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
VIII.	<b>Dental/Orthodontic Appliances</b> (fixed or removable)	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Yes	
IX.	<b>Severe Dry Mouth (Xerostomia)</b>	<input type="checkbox"/> No		<input type="checkbox"/> Yes

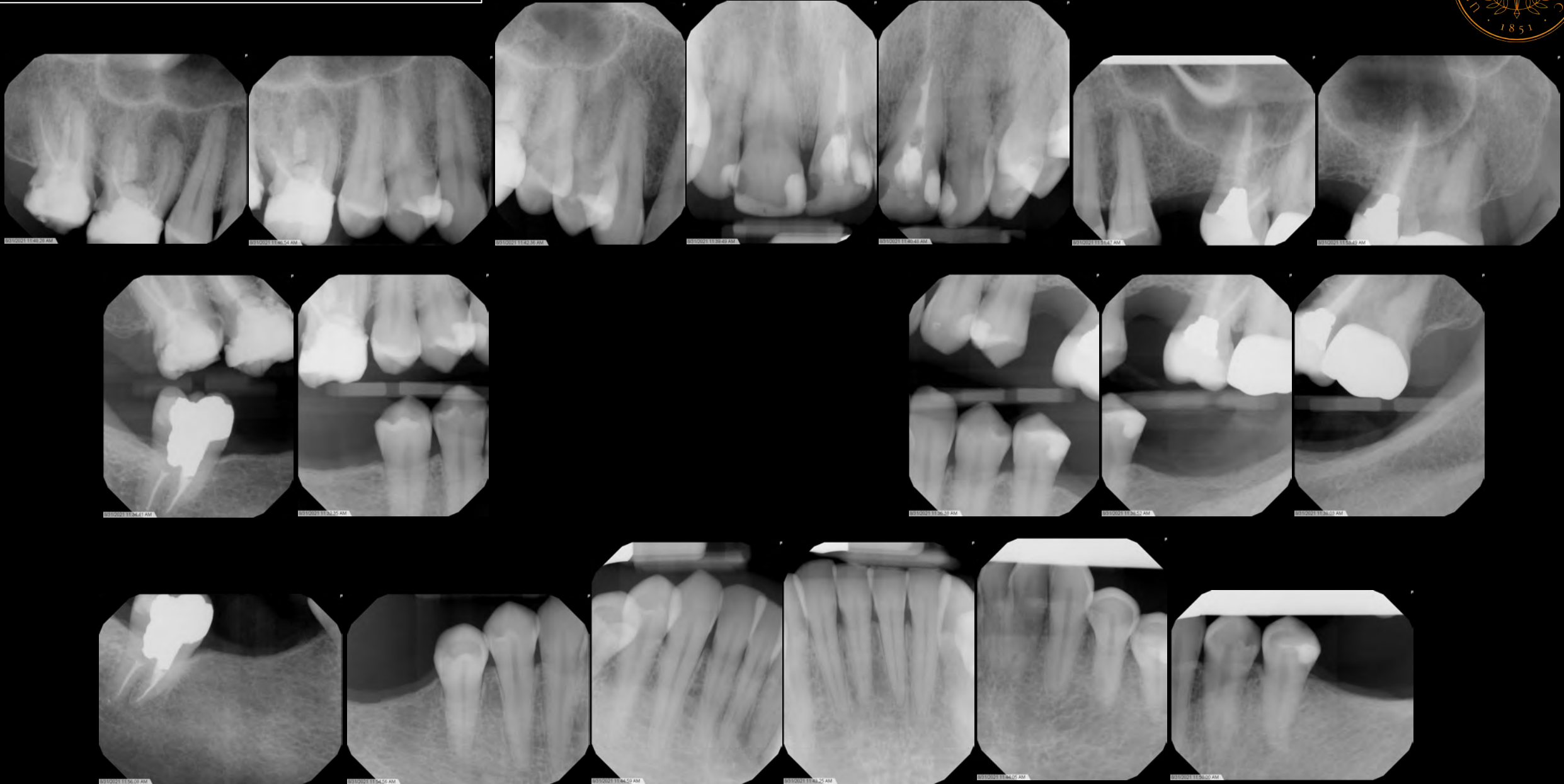
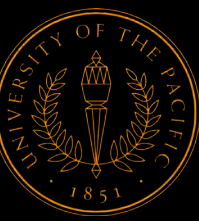
Overall assessment of dental caries risk:

Low

Moderate

High

# FMX 8/31/2021







# Panoramic

8/22/16

2/23/24



**Extractions**  
(2016) **#13** due to gumline fracture, lack of ferrule  
(2022) **#2** due to large carious lesion  
(2022) **#3** due to large carious lesion, VRF

# Hard Tissue Evaluation



- #1 missing
- #2 missing
- #3 missing
- #4 DOc
- #5 MOc
- #6 DLc
- #7 MIDFLc
- #8 MIDFLc
- #9 MIDFLc, RCT
- #10 MIFLc, distal decalcification
- #11 DLc
- #12 MOc, mesial and distal decalcification
- #13 missing
- #14 MO Photo-Core BU, RCT, MB root amputation
- #15 Crown
- #16 Missing
  
- #17 missing
- #18 missing
- #19 missing
- #20 DOc, distal decalcification
- #21 mesial decalcification
- #22 – 28 incisal wear/enamel cracks
- #29 Oc, mesial decalcification, distal caries
- #30 missing
- #31 missing
- #32 Large amalgam, RCT

			2 1 2	2 2 2	2 2 2	2 2 2	2 2 2	3 2 3	3 2 3	3 2 3	2 2 2	3 2 3		3 2 3	3 2 3	
			2 1 2	2 2 2	2 1 2	2 1 2	2 1 2	2 2 2	2 2 2	2 2 2	2 2 2	3 2 3		3 3 3	3 3 4	
	1	2	3	4	5	6	7	8	9	10	11	12	13	P 14	P 15	16
M																M
P 32	31	M 30		29	28	27	26	25	24	23	22	21	20	19	18	17
5 4 5				3 3 3	3 2 3	3 2 3	3 2 3	2 2 2	2 2 2	2 2 2	2 2 2	3 2 3	2 2 2			
4 3 3				3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3			

# Photographs



2016, prior to orthodontic treatment



2023, after orthodontic treatment

High dental IQ = High expectations

**Patient unhappy with:**

- Buccal corridors
- Mandibular midline discrepancy
- Mandibular black triangles
- #12 appearing flared outward



# Photographs



2016, prior to orthodontic treatment



2023, after orthodontic treatment

# Photographs



2016, prior to orthodontic treatment  
Deep, U-shaped palate



2023, after orthodontic treatment  
Slight expansion of U-shaped palate



# Photographs



2016, prior to orthodontic treatment



2023, after orthodontic treatment



# Occlusion



## Canine Class I

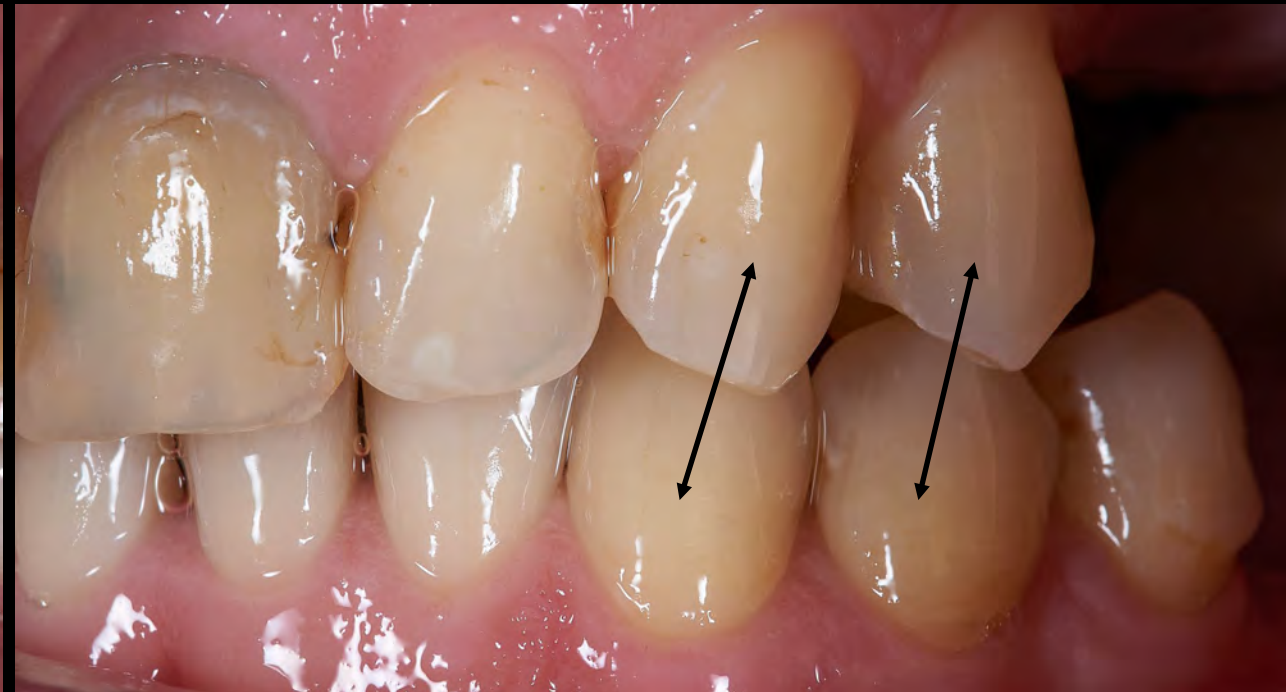
Anteriors all out of occlusion due to lower incisors tilted inwards by ortho

**Shortened dental arch** → **Subjective Chewing Ability Improvement Limited to those with Perceived Limitation**<sup>1</sup>



Shimstock contacts on right side:

- **UR first bicuspid and LR first bicuspid**
- **UR canine and LR canine/bicuspid**



Shimstock contacts on left side:

- **UL canine and LL canine**
- **UL first bicuspid and LL first bicuspid**

# Tx Plan Comparison

## ECONOMY CLASS

*Removable prosthetics + Composite*

### Disease Control

- OHI + Prophy + CAMBRA products
- #29 Doc

### Reconstructive

- **UA+LA RPD to replace edentulous sites**
- **Composite veneers #4, 5, 6, 7, 8, 10, 11, 12**
- #9 E.Max crown
- #14 zirconia crown
- #32 zirconia crown
- Composite restorations #23, 24, 25, 26 to close black triangles

### Maintenance

- 6-month hygiene recalls
- CAMBRA product refills
- Occlusal guard

**Cost: \$9,743**

**Rationale:** *Most conservative, cheapest, least aesthetic, potentially most challenging*

## BUSINESS CLASS

*Implants + Ceramics + Composite*

### Disease Control

- OHI + Prophy + CAMBRA products
- #29 Doc

### Reconstructive

- Implant placement #3, 13, 19, 30
- E.Max #4, 5, 6, 7, 8, 9, 10, 11, 12
- #14 zirconia crown
- #32 zirconia crown
- Composite restorations #23, 24, 25, 26 to close black triangles
- Implant crowns #3, 13, 19, 30

### Maintenance

- 6-month hygiene recalls
- CAMBRA product refills
- Occlusal guard

**Cost: \$27,127**

**Rationale:** *Balance of aesthetics and function*

## FIRST CLASS

*+3 Implants + Ceramics*

### Disease Control

- OHI + Prophy + CAMBRA products
- #29 Doc

### Reconstructive

- Implant placement #**2**, 3, 13, **18**, 19, 30, **31**
- E.Max #4, 5, 6, 7, 8, 9, 10, 11, 12
- #14 zirconia crown
- #32 zirconia crown
- **E.Max veneers #23, 24, 25, 26** to close black triangles
- Implant crowns #**2**, 3, 13, **18**, 19, 30, **31**

### Maintenance

- 6-month hygiene recalls
- CAMBRA product refills
- Occlusal guard

**Cost: \$39,921**

**Rationale:** *Most aesthetic, most invasive, diminishing returns (2<sup>nd</sup> molar implants)*

# Implant Process

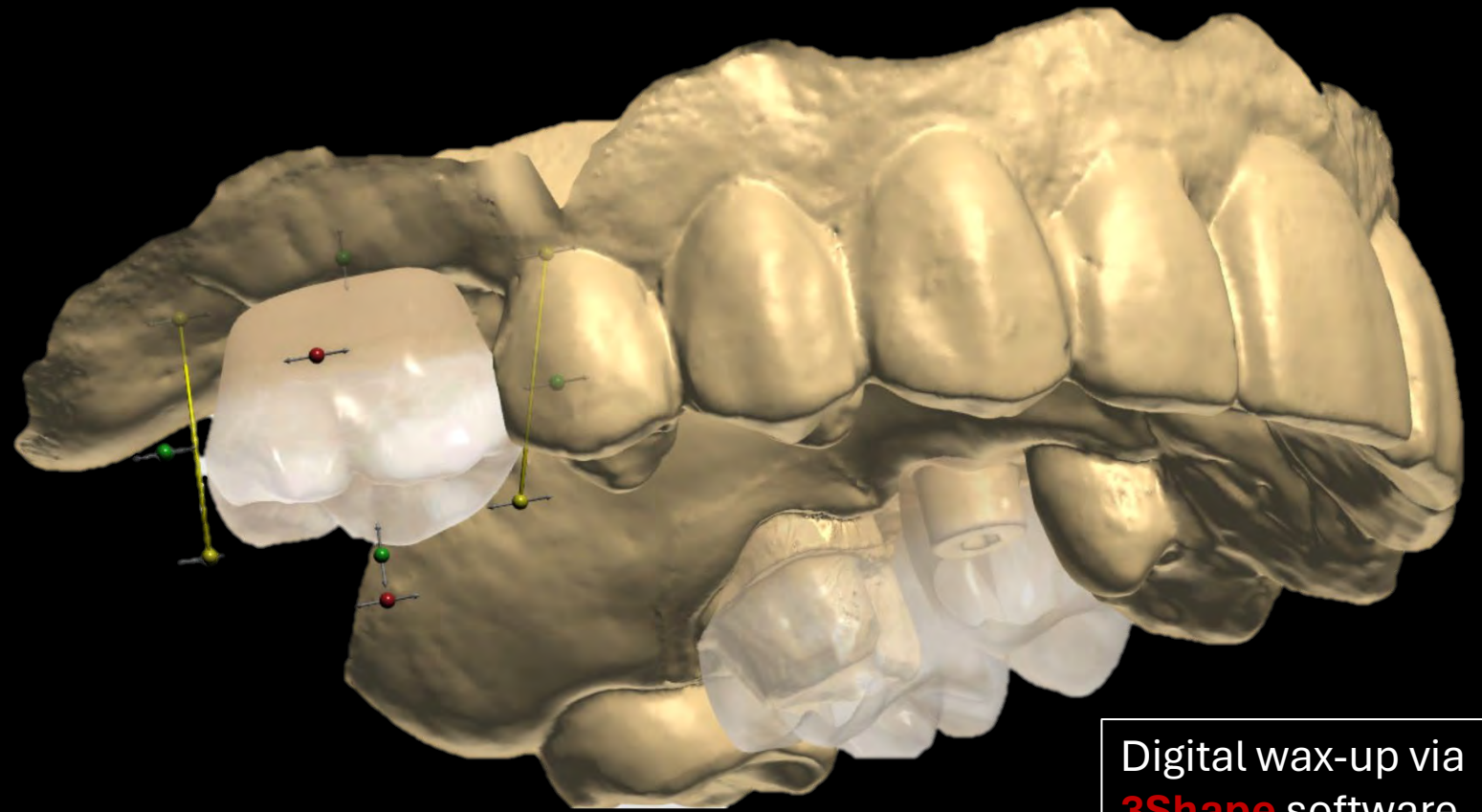
## Surgical Plan

- #03: 4.5mm x 8mm Straumann BLX
- #13: 4.5mm x 6mm Straumann BLX
- #19: 4.5mm x 10mm Straumann BLX
- #30: 4.5mm x 10mm Straumann BLX

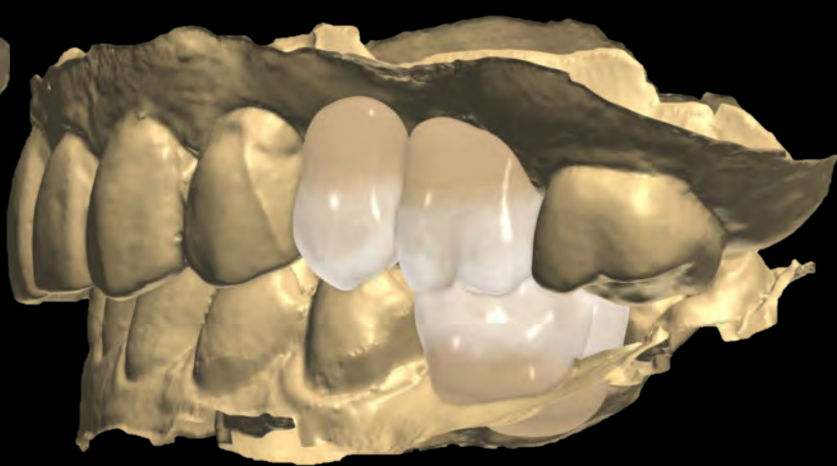
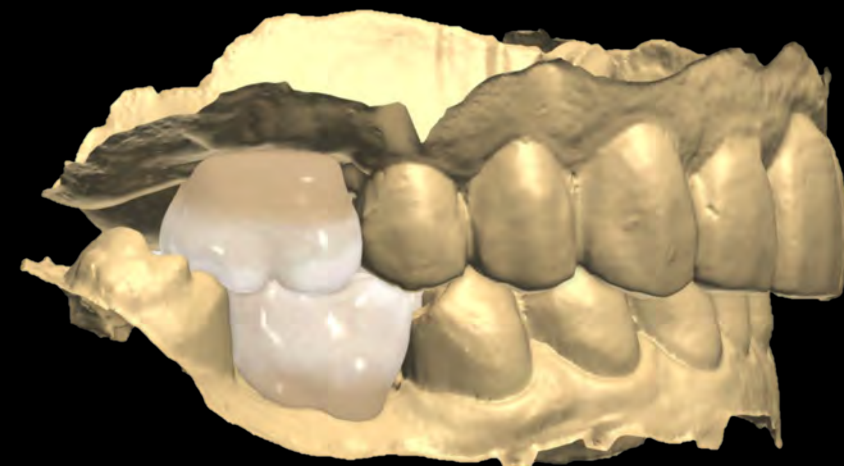
## Surgical Protocol: **1-Stage**

## Prosthetic Plan

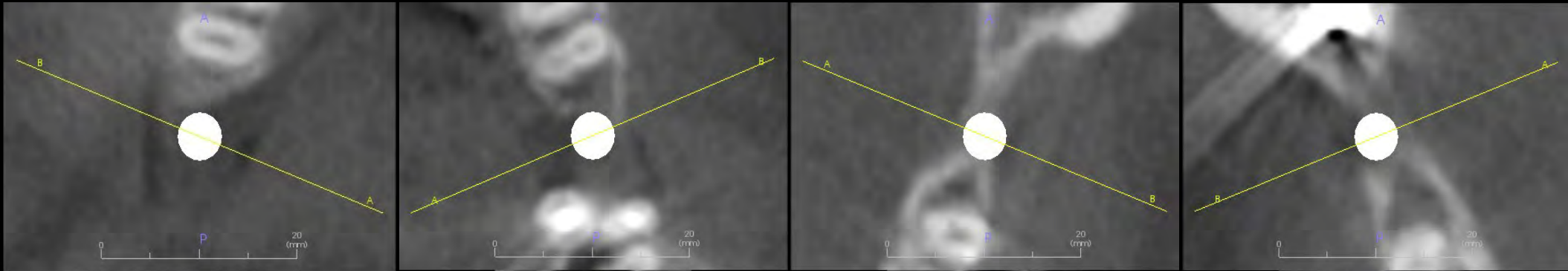
- Restore mandibular implants after **2-month** osseointegration verification using **screw-retained zirconia crowns**
- Restore maxillary implants after **3-month** osseointegration verification using **screw-retained zirconia crowns**



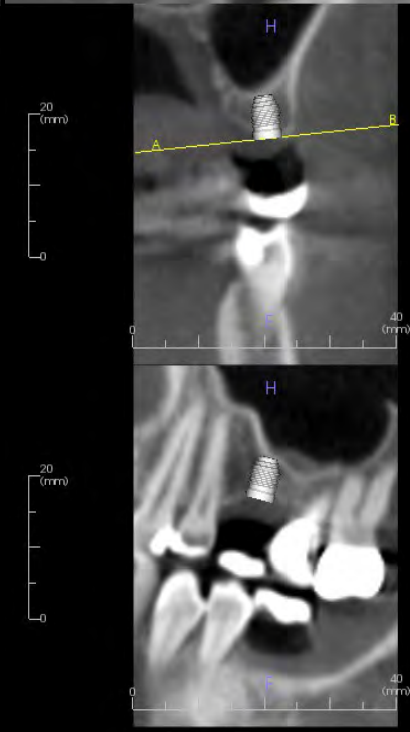
Digital wax-up via  
**3Shape** software



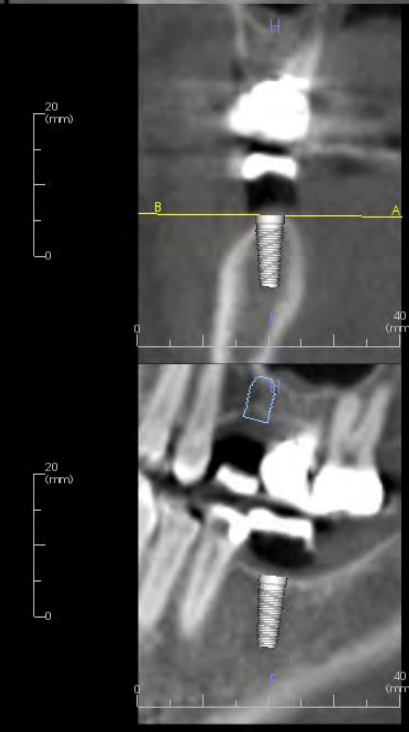




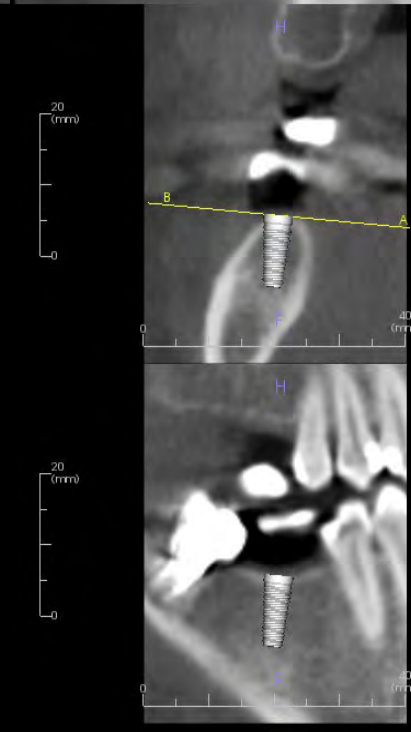
**#3: 4.5mm x 8mm  
Straumann BLX**



**#13: 4.5mm x 6mm  
Straumann BLX**

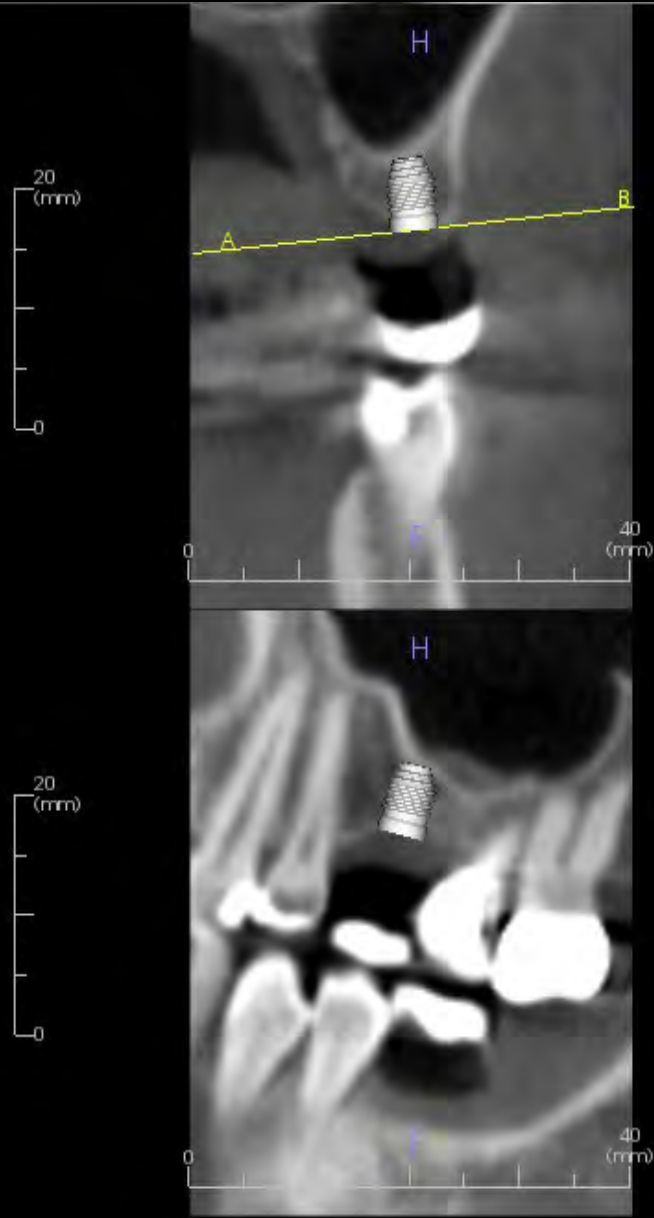


**#19: 4.5mm x 10mm  
Straumann BLX**



**#30: 4.5mm x 10mm  
Straumann BLX**

**Surgical Protocol: 1-Stage, Unguided**



## Short vs. Long Implants with Maxillary Sinus Augmentation

- RCT Multicenter Study
- 5-yr FU, 90 patients
- 98.5%-100% implant survival
- **High survival rates for both procedures but increased morbidity, costs and surgical time with augmentation**



Made by student with the help of Carlos Correa



“Idealized” by CDA based on initial wax-up on second cast



Marker lines drawn to communicate **cant correction** to lab for finals

# Anterior Wax-Ups

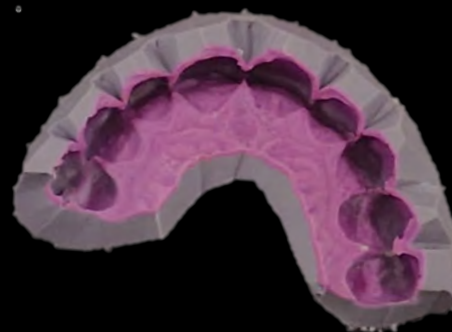


# Impressions & Smile Design

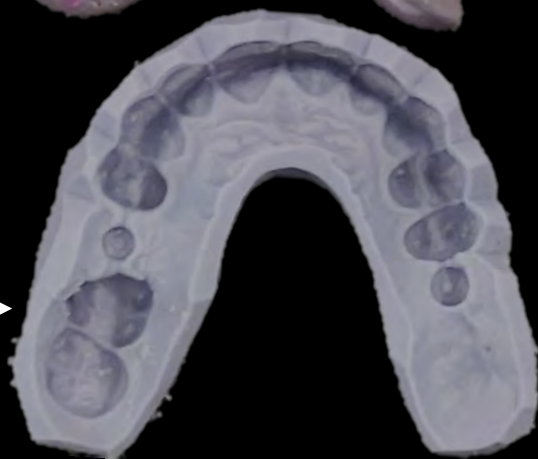
**Maxillary + Mandibular PVS impression** via putty-wash method for re-pourable diagnostic casts



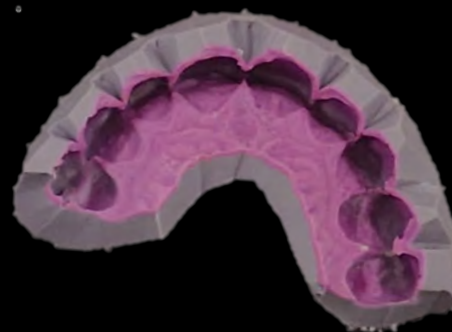
**Closed-Tray PVS Final Impression** via custom-tray for implant sites #19, #30



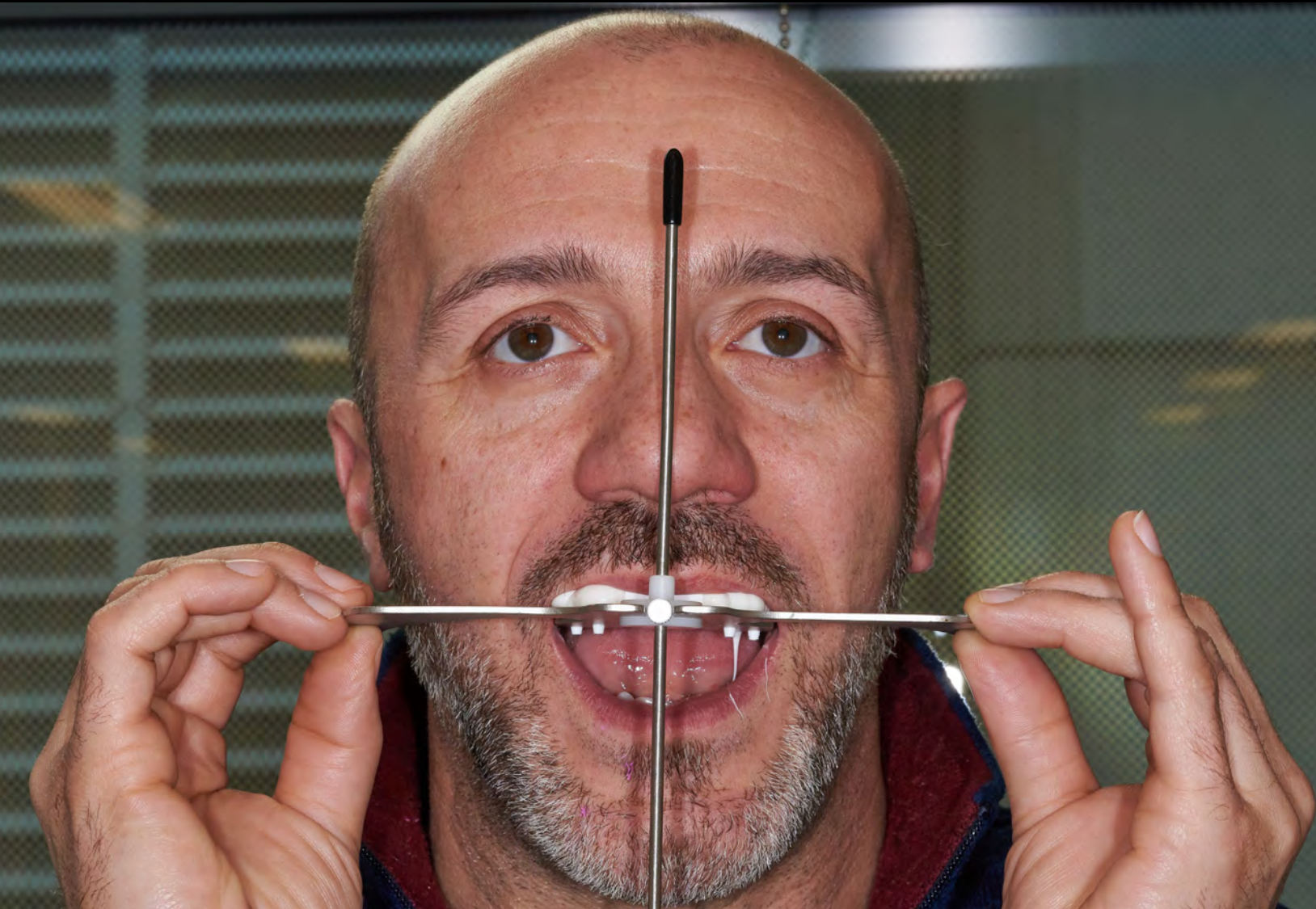
**Lab-made putty matrix** based on lab-made wax-up for temporaries



**Student-made putty matrix** based on initial wax-up for consultation/smile-design appointment



# Profile Assessment



Vanilla bite registration using **Kois Dento-Facial Analyzer**

Discrepancy between dental midline and facial midline, slight asymmetric profile

**Purpose:** Accurate mounting of maxillary diagnostic model, avoid canted final result





Patient was very pleased with smile design and expressed realistic expectations regarding aesthetics.

**Requested to proceed with treatment ASAP.**

Based on student-made wax-up using putty-wash matrix and B1 shade Integrity.

**Prelude Adhesive** painted and cured on smile design for 5 seconds per tooth at high setting to achieve **“luster” effect.**



***SMILE DESIGN***



# SMILE DESIGN



## ***“Reverse” smile line***

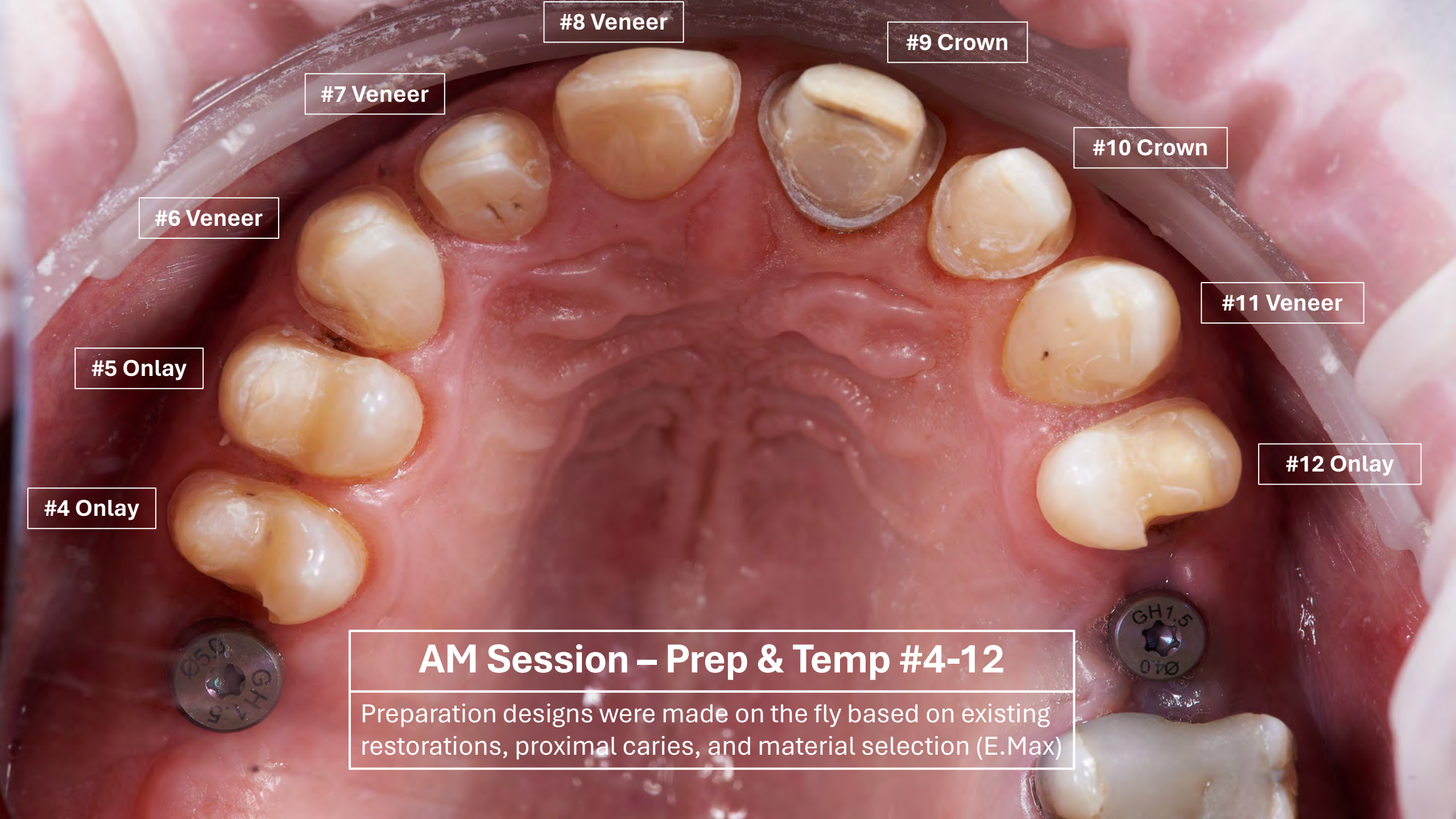
- Cuspids and bicuspids hang lower than centrals
- Incisal edge positions don't follow smooth path to buccal corridors



## ***“Ideal” smile line***

- Teeth drape up into buccal corridor
- Incisal edge positions rise uniformly from anterior to posterior





#8 Veneer

#9 Crown

#7 Veneer

#10 Crown

#6 Veneer

#11 Veneer

#5 Onlay

#12 Onlay

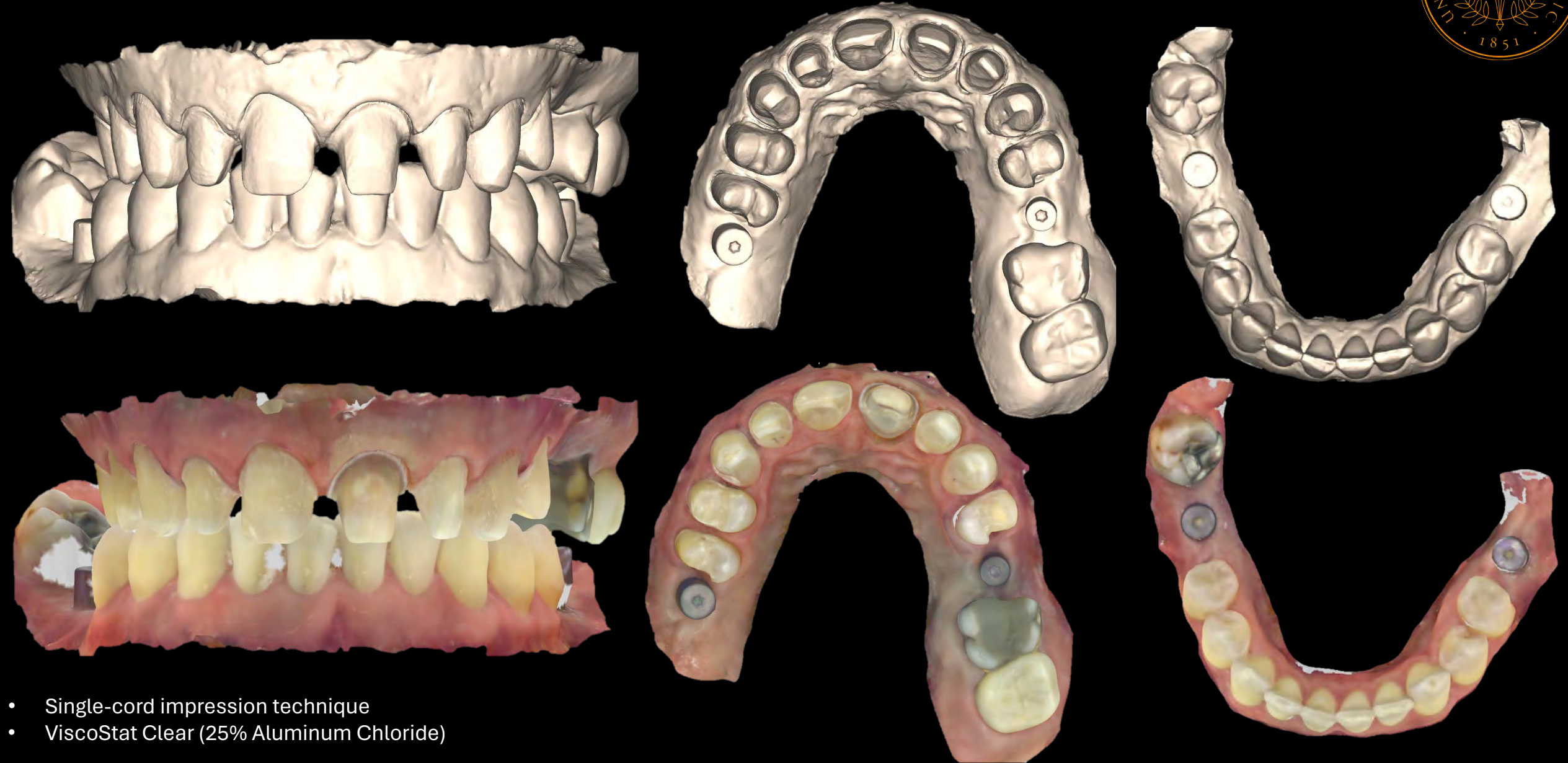
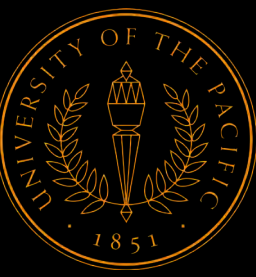
#4 Onlay

# AM Session – Prep & Temp #4-12

Preparation designs were made on the fly based on existing restorations, proximal caries, and material selection (E.Max)



# PM Session - Digital Final Impression via iTero



- Single-cord impression technique
- ViscoStat Clear (25% Aluminum Chloride)



# CHALLENGE

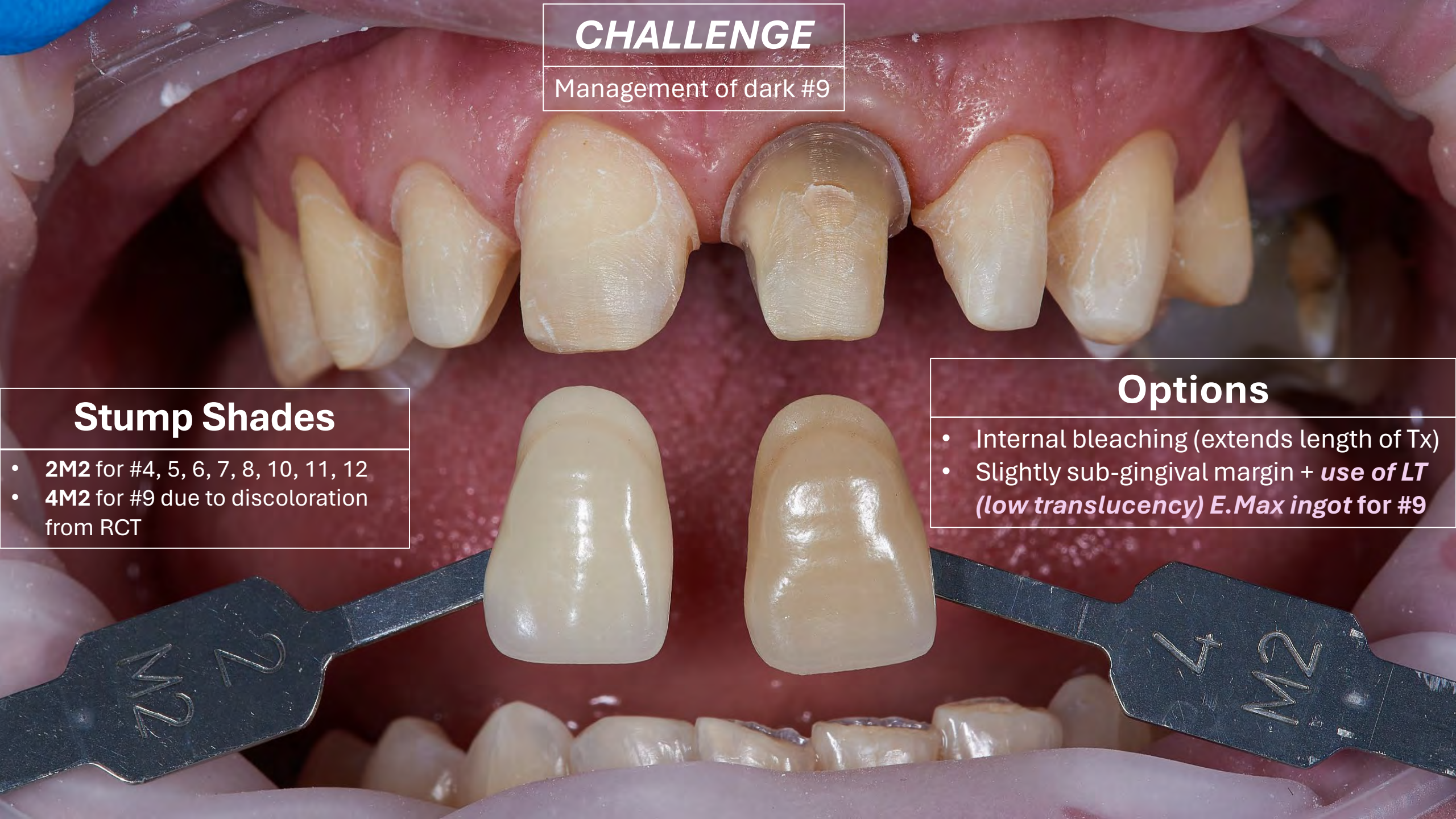
Management of dark #9

## Stump Shades

- 2M2 for #4, 5, 6, 7, 8, 10, 11, 12
- 4M2 for #9 due to discoloration from RCT

## Options

- Internal bleaching (extends length of Tx)
- Slightly sub-gingival margin + *use of LT (low translucency) E.Max ingot* for #9







- Made via **lab putty matrix** and polished with Thompson wheel
- Preps and gingiva cleaned with **chlorhexidine**
- Smooth, sealed margins on tooth structure allows for healthy tissue prior to CIMOE
- 2 single unit B1 Integrity molds **act as orthodontic retainers** and provide strength to provisionals

# *PROVISIONALS*





# Laboratory Communication

Instructions: Please fab # 4-12 layered e.max pressed restorations.  
 # 9, 10 = full crowns. # 4, 5, 6, 7, 8, 11, 12 = 3/4 veneers, regular veneers, or onlay veneers. Please see stump photos. - majority = 2M2 but # 9 endo treated = 4M2 ∴ use LT ingot for # 9 while using MT ingot for all others. Please have ~ 1mm incisal trans. & slight warmer gingival 1/2 @ 1M1

Also, please see images of temps in place, those + wax-ups still have slight cant towards pt. Rt., teeth longer on left & embrasures tipped accordingly ... please correct in porcelain. See lines on wax-up. Revised 10/27/14  
 lengthen # 4-8

“Please fab #4-12 layered E.Max pressed restorations.  
 #9, 10 = full crowns, #4, 5, 6, 7, 8, 11, 12 = 3/4 veneers, regular veneers, or onlay veneers.

Please see stump photos – majority = 2M2 but #9 endo treated = 4M2.  
 Use LT ingot for #9 while using MT ingot for all others.  
 Please have ~1mm incisal translucency & slightly warmer gingival 1/2 @ 1M1.

Also, please see images of temps in place, those + wax-ups still have slight cant towards pt's right. Tooth longer on left & embrasure tipped accordingly ... please correct in porcelain. See lines on wax-up. Lengthen #4-8.”

## Esthetic Check List (All Cases Involving Ceramics)

### 1. Shade Selection and Diagram



Shade: \_\_\_\_\_  Vita Classic  Vita 3D  Vita Linear

Faculty #1 Signature/Number \_\_\_\_\_ Faculty #2 Signature/Number \_\_\_\_\_

2. Photos  Yes  No

3. Incisal Translucency  None  0.5mm  1.0mm  1.5mm

4. Surface Finish  High Glaze  Smooth  Eggshell

5. Stump Color (IPS e.max)  1  2  3  4  5  6  7  8  9

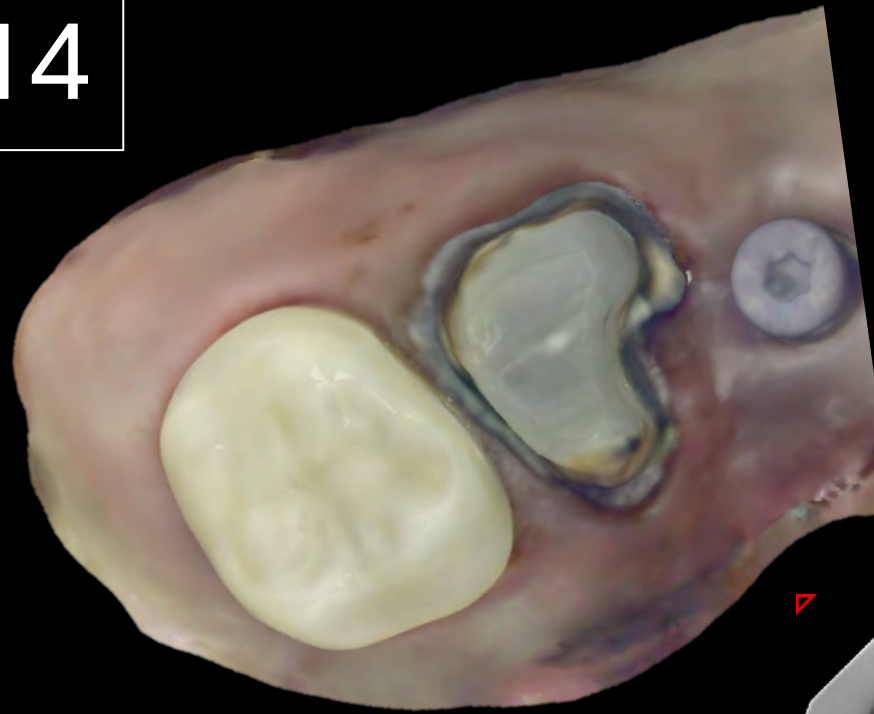
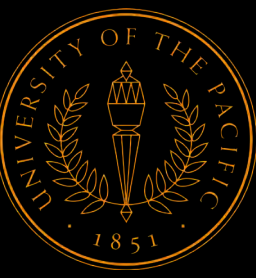
6. Ingot Choice (IPS e.max)  HT  LT  MO  HO

<input type="checkbox"/> PFM Splinted Crowns	Noble Alloy			
<input type="checkbox"/> Porcelain Margin	Occlusal:			
<input type="checkbox"/> Disappearing Margin	<input type="checkbox"/> 3/4 Metal			
<input type="checkbox"/> Metal Collar _____ mm	<input type="checkbox"/> Porcelain			
<input type="checkbox"/> PFM FDP-Bridge	Noble Alloy			
<input type="checkbox"/> Modified Ridge Lap	Framework			
<input type="checkbox"/> Bullet Shaped	Occlusal:			
<input type="checkbox"/> Disappearing Margin	<input type="checkbox"/> 3/4 Metal			
<input type="checkbox"/> Porcelain Margin	<input type="checkbox"/> Porcelain			
<input type="checkbox"/> Metal Collar _____ mm				
<input type="checkbox"/> Porcelain Bake	<input type="checkbox"/> Glazed			
	<input type="checkbox"/> Bisque			
<input type="checkbox"/> All Ceramic Inlay/Onlay	<input type="checkbox"/> Zirconia			
<input checked="" type="checkbox"/> All Ceramic Crown(s)	<input type="checkbox"/> Layered			
<input type="checkbox"/> All Ceramic FDP-Bridge	<input checked="" type="checkbox"/> Monolithic			
<input type="checkbox"/> Modified Ridge Lap	<input checked="" type="checkbox"/> IPS e.max	F.H	610	4/15
<input type="checkbox"/> Bullet Shaped	<input checked="" type="checkbox"/> Layered			
<input checked="" type="checkbox"/> Porcelain Veneer(s)	<input type="checkbox"/> Monolithic			
<input checked="" type="checkbox"/> Wax-up RPD Abutment (Student to Modify)	<input checked="" type="checkbox"/> IPS e.max	F.I	610	4/15

- 1M1 gingival/body
- 0M3 incisal
- 1.0mm incisal translucency
- Eggshell surface finish
- 2M2 stump shade #4-12
- 4M2 stump shade #9
- MT ingot choice for #4-12
- LT ingot choice for #9



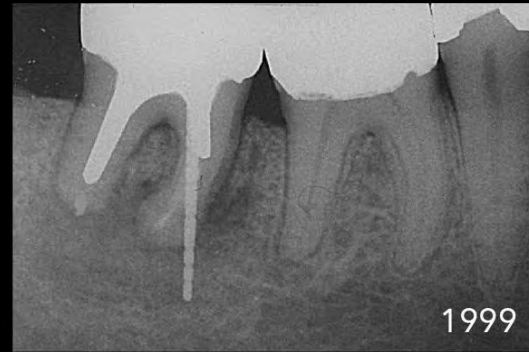
# MB Root-Amputated #14



- MB root amputated in 2017 by Dr. Grill due to **failing RCT and resorption**
- **Extensive amalgam build-up, mesial class II furcation**
- Single-cord impression technique
- ViscoStat Dark (20% Ferric Sulfate)
- **Digital final impression via iTero**
- Monolithic Zirconia shade 1M2
- **No adjustments needed at CIMOE**

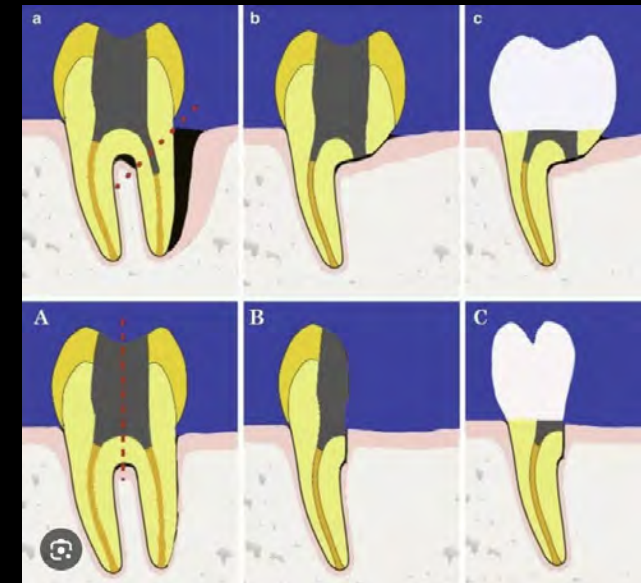


# Old-School Treatments



**ROOT AMPUTATION** → 92% survival over 12 years<sup>1</sup>

**HEMISECTION** → 79 to 91% survival over seven to 30 years<sup>2</sup>



Credit: Dr. Marga Ree DDS, MSc

ENDO PRAKTIJK

Another reason to consider keeping half of a multi-rooted tooth:

**Patients experienced four times as many appointments when agreeing to a single tooth implant versus patients having non-surgical root canal treatment and a crown with over twice the expense.<sup>3</sup>**

→ Fewer complications than implants, less chair time, fewer appointments, less costly to patient, but no longer “in vogue”

1) Basten CH, Ammons WF Jr, Persson R. Long-term evaluation of root-resected molars: a retrospective study. Int J Periodontics Restorative Dent. 1996 Jun;16(3):206-19. PMID: 9084307  
2) Derks H, Westheide D, Pfefferte T, Eickholz P, Dannewitz B. Retention of molars after root-resective therapy: a retrospective evaluation of up to 30 years. Clin Oral Investig. 2018 Apr;22(3):1327-1335. doi: 10.1007/s00784-017-2220-1. Epub 2017 Oct 7. PMID: 28988369  
3) Vahdati SA, Torabinejad M, Handysides R, Lozada J. A Retrospective Comparison of Outcome in Patients Who Received Both Nonsurgical Root Canal Treatment and Single-tooth Implants. J Endod. 2019 Feb;45(2):99-103. doi: 10.1016/j.joen.2018.10.018. PMID: 30711185



Instructed patient to use at-home whitening kit until one week prior to bonding appointment



## *Black Triangle Closure*



### ***Effects of Bleaching on Shear Bond Strength of Composite Resin & Ceramic to Enamel<sup>1,2</sup>***

Bleaching treatments alter the surface roughness of enamel and, thus, the shear bond strength between materials and enamel.  
**Delaying bonding after bleaching for up to 7 days increases the bond strength between composite / ceramic and enamel.**

1) Unlu, N., Cobankara, F. K., & Ozer, F. (2008). Effect of elapsed time following bleaching on the shear bond strength of composite resin to enamel. *Journal of Biomedical Materials Research Part B: Applied Biomaterials*, 84B(2), 363–368. doi:10.1002/jbm.b.30879

2) Seto TH, Grymak A, Mudliar V, Choi JJE. Effect of Enamel Bleaching on the Bond Strength of Ceramic—A Systematic Review. *Oral*. 2022; 2(2):182-197. <https://doi.org/10.3390/oral2020018>



# *Black Triangle Closure*





SCHEDULED FOR NEXT MONDAY !!! 5/6/24

CIMOE #4-12

SCHEDULED FOR NEXT MONDAY !!! 5/6/24



SCHEDULED FOR NEXT MONDAY !!! 5/6/24

# CIMOE #4-12

SCHEDULED FOR NEXT MONDAY !!! 5/6/24





# Decision Making – Material Selection

## Monolithic Zirconia:

Implant Crowns + #14 FVC

- Minimal antagonist tooth wear<sup>1</sup>
- High success rate of *anterior and posterior* restorations<sup>1</sup>
- Low fracture rates<sup>2</sup>
- Superior mechanical properties when compared to all-ceramic restorations<sup>2</sup>

## Lithium Disilicate (E.Max):

#4-12 veneers, crowns, onlays

- *Aesthetic material of choice* (translucency, characterization)
- Superior enamel bond and marginal adaptation
- Although not as strong as zirconia, still offers excellent long-term success<sup>3</sup>



1) Tang et al., Clinical evaluation of Monolithic Zr crowns for posterior teeth restorations, Baltimore Medicine, Oct 2019, 98 (40)

2) Sulaiman et al., Fracture rate of Monolithic Zirconia restorations up to 5 years, J Prosth Dent, Sep 2016, 116(3)

3) Malament et al., Ten-year survival of pressed, acid-etched EMax LDC restorations, J Prosth Dent, May 2019, 121(5)

# Occlusal Night Guard



Why should patients invest?

Not wearing occlusal guard results in:

- **7x increase in porcelain chipping in bruxers**
- **2x increase in porcelain chipping in NON-bruxers<sup>1</sup>**

**Lack protective feedback during sleep**

- Nightguard is necessary for protection of restorations and implants during sleep.<sup>2</sup>

**Effective Maintenance Requirements:**

- Education
- Careful adjustment at the delivery
- Periodic adjustments<sup>3</sup>

\* To be fabricated and delivered after implant restoration



1) Kinsel et al., Restrospective analysis of ceramic failures of crowns supported by 729 implants, J Prosth Dent, Jun 2009, 101(6)

2) Nishigawa et al., Quantitative Study of Bite Force during sleep, J Oral Rehabil, 2001, 28 (5), pp. 485-491

3) Nesbit et al., Treatment Planning in Dentistry, Second Edition, 2007



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- Dr. Gene Santucci
- Dr. Katherine Diep
- Dr. Sandra McLaren

## Implant Faculty

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- Dr. Steven Sadowsky
- Dr. Hussein Al-Wakeel
- Dr. Chi Tran

## Perio Faculty

- Dr. Gary Grill

## Laboratory Faculty

- Carlos Correa
- Alfredo Riley
- California Dental Arts (CDA)

## Administrative Faculty

- Lucy Wright-Nielsen
- Jane Santa Cruz
- Kamika Brown
- Marceyl Jones

## Peers

- Isabella Gantman, DDS '23
- Max Kazantcev, DDS '23
- Patrick Gomez, DDS '22
- Steven Gong, DDS '24
- Natalie Gorman, DDS '24
- Julianna Xie, DDS '24
- Peto Choti, DDS '25
- Molly Delzio, PhD '29

***Thank you for the education, guidance, and experiences you have all provided for me.***

This case felt like the true culmination of my dental school journey. All the disciplines we have learned about played a role in our treatment plan. Due to the patient's expectations and my own motivation to delivery the best possible results, I was pushed for growth in my areas of weakness. With proper guidance and mentorship, I was able to navigate the many challenges involved in this case with just the right amount of difficulty, which helped tremendously in helping me to actually learn the process from start to finish. I would especially like to thank Dr. Hakim for his invaluable knowledge and support during the aesthetic components of this treatment plan.

Thank you all!



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Fueki K, et al. *J Oral Rehabil* 2017;44:563-72, Fueki K, et al. *J Oral Rehabil* 2016;43:534-42, Fueki K, et al. *J Oral Rehab* 2011;38:525-32

Kinsel et al., Restrospective analysis of ceramic failures of crowns supported by 729 implants, *J Prosth Dent*, Jun 2009, 101(6)

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# OKU Sutro Excellence Day Project Cover Sheet

**Project Title**

**Full name(s) and class year(s) of all project collaborators**

*Example: Jane Smith, DDS 2022; John Smith, DDS 2022*

**Project Category**

**Enter your abstract text here (max 300 words)**