THE DIRECT AND INDIRECT RESTORATIVE COMPONENTS OF A FULL MOUTH REHABILITATION

BRANDON GOLUB DDS 2021

PATIENT BACKGROUND

• <u>NAME:</u> MICHELLE

- <u>CC</u>: "I WANT TO REPLACE MY MISSING TEETH WITH IMPLANTS AND MAKE MY SMILE AND MOUTH HEALTHY"
- <u>AGE/SEX/RACE</u>: 56 YO, FEMALE, CAUCASIAN
- <u>HPI</u>: HEAVILY RESTORED MOUTH, SOME WORK DONE IN MEXICO, NO REGULAR DENTAL APPOINTMENTS OR DENTAL HOME, SEVERE DENTAL ANXIETY
- <u>MEDICAL HX</u>: RECOVERED OPIOID USER AND FORMER SMOKER, HISTORY OF BULIMIA AND ALCOHOLISM
- <u>MEDICATIONS</u>: ACCUTANE, SPIRONOLACTONE BOTH FOR SKIN
- <u>Social HX</u>: Interior designer, loves photography and to be outdoors
- HABITS: NO TOBACCO, NO ETOH
- <u>ASA:</u> I

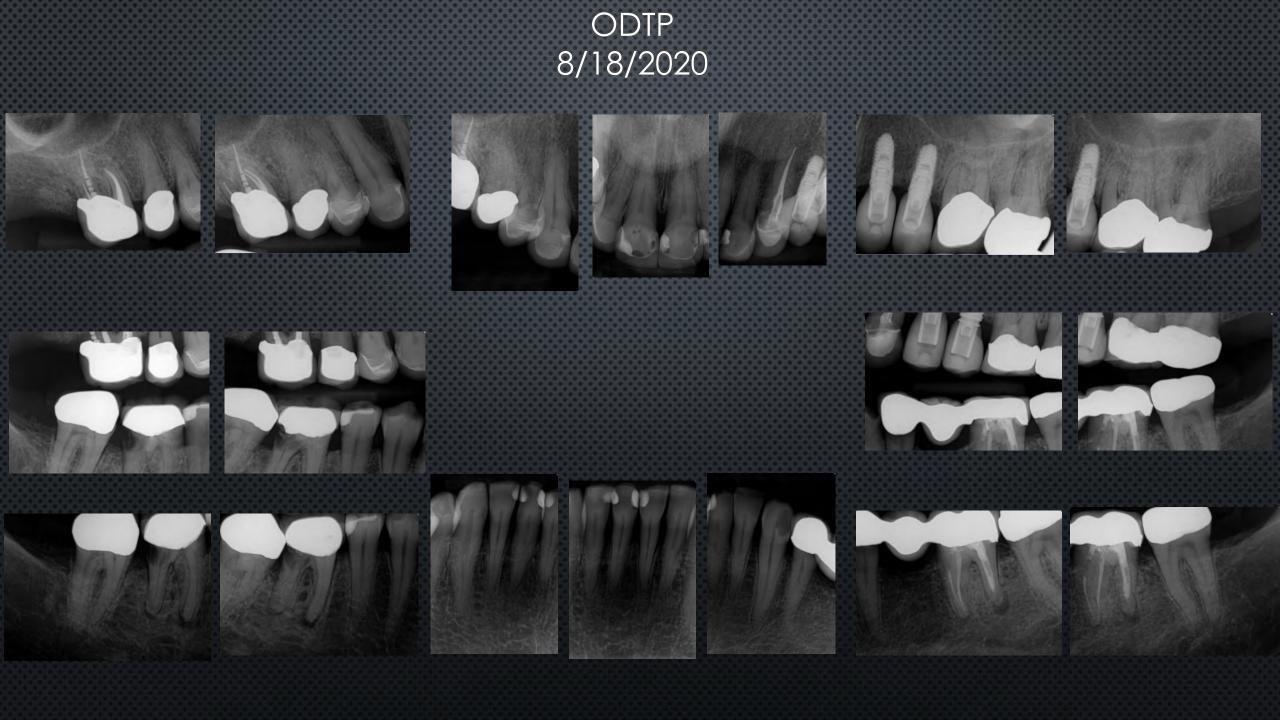
EXTRAORAL PHOTOS 8/31/2020





INTRAORAL PHOTOS 8/31/2020





OCCLUSAL AND FACIAL ASSESSMENT

- HIGH LIP (SMILE) LIN
- MIDLINE DEVIATION ~1-2MM
 - RIGHT UNILATERAL POSTERIOR C
- CONVEX FACIAL PROFILE
- CLASS 1 OCCLUSION
- CLASS 1 CANINE CLASSIFICATION
- CANINE GUIDANCE
- CENTRAL INCISOR VERTICAL OVERLAP: 1MM
- CENTRAL INCISOR FUNCTIONAL HORIZONTAL OVERLAP: 3MM
- RIGHT CANINE VERTICAL OVERLAP: 1MM
- RIGHT CANINE FUNCTIONAL HORIZONTAL OVERLAP: 1MM
- LEFT CANINE VERTICAL OVERLAP: 1MM
- LEFT CANINE FUNCTIONAL HORIZONTAL OVERLAP: 1MM
- TOOTH #8 LONGER THAN TOOTH #9
- TOOTH #10 LONGER THAN TOOTH #7
- CROWDING, ROTATED LOWER ANTERIOR TEETH



PERIODONTAL FINDINGS

• PLAQUE INDEX: 1.2

• PROBING DEPTHS: GENERALIZED 2-3 MM WITH LOCALIZED 4-6MM IN UL POSTERIOR TEETH AND #5

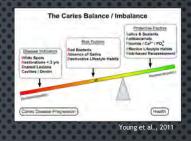
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DENTAL FINDINGS

Generalized recurrent deco

- +3- missing*
- #5- RECURRENT DECAY OF PORCELAIN CROWN
- #6 Recurrent decay of Veneer
- #7 RECURRENT DECAY OF VENEER
- #8- RECURRENT DECAY OF VENEER
- #9 RECURRENT DECAY OF VENEER
- #11- RECURRENT DECAY OF PORCELAIN CROWN
- #14 Recurrent decay of PFM crown with PARL
- #15 RECURRENT DECAY OF GOLD CROWN WITH PARL
- #19 Bridged with #21 PARL on distal root, poor fill of endo
- #21 RECURRENT DECAY
- #24 RECURRENT DECAY OF COMPOSITE
- #25 RECURRENT DECAY OF COMPOSITE
- #26 RECURRENT DECAY OF COMPOSITE
- #28 ICDAS 2
- #29 RECURRENT DECAY OF DO COMPOSITE, MESIAL DECAY
- #30 MISSING *
- #31 RECURRENT DECAY, PORCELAIN WORN AWAY ON OCCLUSAL OF CROWN



CARIES RISK: HIGH OVERALL CARIES RISK

Disease Indicators:

 New/progressing visible cavitations or radiolucencies into dentin

<u>Risk Factors:</u>

- High acidogenic bacterial load: 1st recording – 1841 RLU, 2nd redo recording for accuracy – 2891 RUI
- Frequent snacking, hyposalivation

Protective Factors:

- Fluoride toothpaste 2x daily
- Adequate saliva flow

*Extracted in February 2020

DIAGNOSIS AND PROGNOSIS

Periodontal DX: Generalized mild periodontitis, Stage 1 Grade B DENTAL DX : HIGH CARIES RISK WITH GROSS RECURRENT DECAY

- ETIOLOGY: BACTERIAL PLAQUE, POOR ORAL HYGIENE, DEFECTIVE RESTORATIONS, DIET
- PROGNOSIS: GOOD

OCCLUSAL DX: MUTUALLY PROTECTED OCCLUSION WITH BILATERAL SIMULTANEOUS POSTERIOR CONTACT

OVERALL PROGNOSIS = GOOD WITH IMPROVED ORAL HYGIENE, CAMBRA PRODUCTS, NEW RESTORATIONS, AND CONSISTENT RECALL APPOINTMENTS.

HEART BEFORE HANDS

• UNDERSTOOD THAT THE MOST DIFFICULT ASPECT OF THIS CASE WAS NOT GOING TO BE THE DENTISTRY BUT GETTING MICHELLE INTO THE RIGHT MENTALITY. A BIG PART OF MY ROLE BEFORE EVEN PICKING UP THE HANDPIECE WOULD BE SPENDING TIME EXPLAINING THE IMPORTANCE OF TAKING CARE OF HERSELF IN ALL MANNERS, INCLUDING ORAL HEALTH, MENTAL HEALTH, AND HER OVERALL WELL-BEING. EACH APPOINTMENT, I KNEW IT WOULD BE IMPORTANT to keep Michelle's dental phobia and anxiety in mind and MY PLAN WAS TO MAKE HER FEEL AS COMFORTABLE AND SAFE AS POSSIBLE.

COMPREHENSIVE IDEAL TX PLAN

URGE	N	Pŀ	A	SE
None				

PATIENT PREFERENCES:

- NO REMOVABLE APPLIANCE
- SOLITARY, ESTHETIC CROWNS

DISEASE CONTROL PHASE:

- 3 QUAD (UR/UL/LR) LIMITED SRP AND PROPHY, OHI, CAMBRA PRODUCTS, ITE (4-6 WKS)
- #5- #11 CARIES REMOVAL, BUILDUP IF NECESSARY
- #14 CARIES REMOVAL, RCT, BUILDUP
- #15 CARIES REMOVAL, RCT, BUILDUP
- #19 EXTRACTION WITH BONE GRAFT
- #21 CARIES REMOVAL AND BUILDUP, RCT IF NECESSARY
- #24- #26 CARIES REMOVAL, BUILDUP IF NECESSARY
- #29 Caries Removal and MOD composite fill
- #31 CARIES REMOVAL AND BUILDUP

RESTORATIVE PHASE

- #3 Bone graft, implant, zirconia crown
- #5 #11 LAYERED E.MAX CROWN
- #14 MONOLITHIC ZIRCONIA CROWN
- #15 MONOLITHIC ZIRCONIA CROWN
- #19 IMPLANT, ZIRCONIA CROWN
- #20 Implant, zirconia crown
- #21 MONOLITHIC ZIRCONIA CROWN
- #23-#26 E.MAX VENEERS (#23 FOR ESTHETICS)
- #30 Bone graft, implant, zirconia crown
- *#18 MONOLITHIC ZIRCONIA CROWN WOULD LATER BE ADDED DUE TO ESTHETIC CONCERNS

ORAL HYGIENE AND HOME CARE WAS DISCUSSED EXTENSIVELY

TOTAL COST: ~\$32,000

EXPECTED TIMEFRAME OF TREATMENT: ~14-16 MONTHS

MAINTENANCE PHASE:

- 4 MONTH RECALLS
- Occlusal Guard (Maxillary)

CAMBRA

- CTX4 RINSE FOR 30 DAYS
- CTX3 RINSE FOLLOWING CTX4 RINSE
- PreviDent 5000 toothpaste
- XYLITOL GUM

ALTERNATIVE TX PLAN #1: COMBINATION WITH FIXED PROS.

INSTEAD OF EXTRACTION #19 AND BONE GRAFT:

 CARIES REMOVAL AND ROOT CANAL RETREATMENT #19

AS AN ALTERNATIVE TO **IMPLANTS**:

- #19-21 REDO ZIRCONIA OR PFM
- #29-31 ZIRCONIA OR PFM BRIDGE

TOTAL COST: ~\$22,000

EXPECTED TIMEFRAME OF TREATMENT: ~9-12 MONTHS

Alternative tx plan #2 Combination with Removable

As an alternative to <u>implants or fixed</u> <u>pros</u>.:

#2, #3 – REMOVABLE PARTIAL DENTURE
#19, #20, #30 - REMOVABLE PARTIAL DENTURE

TOTAL COST: ~\$23,000

EXPECTED TIMEFRAME OF TREATMENT: ~10-12 MONTHS

ALTERNATIVE TX PLAN #3: ZIRCONIA ON ANTERIOR CROWNS

INSTEAD OF **E.MAX LITHIUM DISILICATE ON ANTERIOR RESTORATIONS**

• #5-11 MONOLITHIC OR LAYERED ZIRCONIA

TOTAL COST: ~\$32,000

EXPECTED TIMEFRAME OF TREATMENT: ~14-16 MONTHS

ALTERNATIVE TX PLAN #4: COMPOSITE VENEERS

INSTEAD OF **E.MAX LITHIUM DISILICATE ON LOWER** ANTERIOR VENEERS

• #23-26 COMPOSITE VENEER RESTORATIONS

TOTAL COST: ~\$31,000

EXPECTED TIMEFRAME OF TREATMENT: ~14-16 MONTHS

ALTERNATIVE TX PLAN #5: PFM restorations

INSTEAD OF E.MAX LITHIUM DISILICATE OR ZIRCONIA FULL COVERAGE RESTORATIONS:

- #5-#11 PFM CROWNS
- #14, #15, #31 PFM CROWN
 As an alternative to <u>zirconia crown on</u>
 implant restoration:
- #3, #30 PFM IMPLANT CROWN

TOTAL COST: ~\$31,000 EXPECTED TIMEFRAME OF TREATMENT: ~14-16 MONTHS

ALTERNATIVE TX PLAN #6: Removable with implants

INSTEAD OF IMPLANTS ON #3 OR #30:

- IMPLANT #3, RPD #19,#20, #30 OR
- INSTEAD OF EXTRACTION #19 AND BONE GRAFT:
- CARIES REMOVAL AND ROOT CANAL RETREATMENT #19
- #19-21 REDO ZIRCONIA OR PFM
- IMPLANT #30, RPD #2, #3

TOTAL COST: ~\$29,000 EXPECTED TIMEFRAME OF TREATMENT: ~15-17 MONTHS

WHY MONOLITHIC ZIRCONIA FOR THE POSTERIOR CROWNS?

WHY E.MAX LITHIUM DISILICATE FOR THE ANTERIOR CROWNS?

- THE MECHANICAL PROPERTIES OF **MONOLITHIC ZIRCONIA** RESTORATIVE MATERIAL ARE **SUPERIOR** TO ALL-CERAMIC RESTORATIVE MATERIALS, ALLOWING FOR **AVOIDANCE OF FRACTURE AND CHIPPING**
- IN STUDY BY TANG, ET AL., DURING THE 96-WEEK FOLLOW-UP PERIOD, THE MONOLITHIC ZIRCONIA CROWN WAS FOUND TO HAVE GOOD BIOCOMPATIBILITY, MINIMAL ANTAGONIST TOOTH WEAR, AND SUCCESS RATE OF POSTERIOR RESTORATIONS WAS HIGH
- IN THE STUDY BY SULAIMAN ET AL., IT WAS OBSERVED IN A 5-YEAR PERIOD THAT THE RESTORATIONS FABRICATED FROM MONOLITHIC ZIRCONIA MATERIAL HAD LOW FRACTURE RATES.
 - ANTERIOR RESTORATIONS FRACTURED AT A SLIGHTLY HIGHER RATE THAN POSTERIOR RESTORATIONS.

BOND RESTORATION TO TOOTH FOR LONG TERM RETENTION AND SEAL

SUPERIOR ESTHETICS

- BETTER MARGIN ADAPTATION
- LAYERING TECHNIQUE ALLOWS FOR CUSTOM INTERNAL CHARACTERIZATION

Gunge, H., Ogino, Y., Kihara, M., Tsukiyama, Y., & Koyano, K. (2018). Retrospective clinical evaluation of posterior monolithic zirconia restorations after 1 to 3.5 years of clinical service. Journal of oral science, 60(1), 154–158. https://doi.org/10.2334/josnusd.17-0176

Malament, K. A., Natto, Z. S., Thompson, V., Rekow, D., Eckert, S., & Weber, H. P. (2019). Ten-year survival of pressed, acid-etched e.max lithium disilicate monolithic and bilayered complete-coverage restorations: Performance and outcomes as a function of tooth position and age. The Journal of prosthetic dentistry, 121(5), 782–790. https://doi.org/10.1016/j.prosdent.2018.11.024

Sulaiman, T. A., Abdulmajeed, A. A., Donovan, T. E., Cooper, L. F., & Walter, R. (2016). Fracture rate of monolithic zirconia restorations up to 5 years: A dental laboratory survey. The Journal of prosthetic dentistry, 116(3), 436–439. https://doi.org/10.1016/j.prosdent.2016.01.033

Tang, Z., Zhao, X., Wang, H., & Liu, B. (2019). Clinical evaluation of monolithic zirconia crowns for posterior teeth restorations. Medicine, 98(40), e17385. https://doi.org/10.1097/MD.000000000017385

BONDING E.MAX LITHIUM DISILICATE

- IN REPORT BY SUCCARIA AND MORGANO, LITHIUM DISILICATE CROWNS WERE SHOWN TO HAVE THE SAME OR HIGHER FRACTURE RESISTANCE WHEN BONDED THAN WHEN NOT BONDED
 - This fracture strength further increases when the preparation is below the manufacturer recommended 1.5mm minimum thickness.
- In the same report, several studies showed that zirconia crowns did not have a significantly higher fracture strength when bonded with resin cements than when cemented with glass ionomer or zinc phosphate cements, even with 0.5 mm(smaller) occlusal thickness.
- SEVERAL LABORATORY STUDIES HAVE DETERMINED THAT BONDING CROWNS WITH RESIN CEMENTS INCREASES THE RETENTION STRENGTH OF THE CROWN MORE THAN CEMENTING WITH GLASS IONOMER OR ZINC PHOSPHATE CEMENTS.

Lawson, N. C., Litaker, M. S., Ferracane, J. L., Gordan, V. V., Atlas, A. M., Rios, T., Gilbert, G. H., McCracken, M. S., & National Dental Practice-Based Research Network Collaborative Group (2019). Choice of cement for single-unit crowns: Findings from The National Dental Practice-Based Research Network. Journal of the American Dental Association (1939), 150(6), 522–530. https://doi.org/10.1016/j.adaj.2019.01.021

Succaria, F., & Morgano, S. M. (2011). Prescribing a dental ceramic material: Zirconia vs lithium-disilicate. The Saudi dental journal, 23(4), 165–166. https://doi.org/10.1016/j.sdentj.2011.10.001

NOW THAT WE DECIDED ON E.MAX, MONOLITHIC OR LAYERED?

- LITERATURE FINDS THAT LAYERED E.MAX LITHIUM DISILICATE CROWNS PROVIDE GREATER
 ESTHETICS DUE TO THE ADDITIONAL LAYER OF PORCELAIN THAT IS FIRED OVER THE CORE
 - It is recommended that layered E.MAX lithium disilicate be used for anterior restorations
- A DISADVANTAGE OF HAVING A LAYERED RESTORATION VERSUS A MONOLITHIC RESTORATION IS THAT THE LAYERED RESTORATION IS MORE PROVE TO FRACTURE AND STUDIES DEMONSTRATE THAT IT GIVES "UNDER SHEAR" OR FLEXURAL LOADS BETWEEN 90 AND 140 MPA.

• WE ULTIMATELY DECIDED WITH LAYERED E.MAX LITHIUM DISILICATE FOR ITS ESTHETIC PROPERTIES

Fahl N Jr, McLaren EA, Margeas RC. Monolithic vs. layered restorations: considerations for achieving the optimum result. Compend Contin Educ Dent. 2014 Feb;35(2):78-9. PMID: 24712092.

INTERDISCIPLINARY CARE DISCIPLINES INVOLVED: 6

MICHELLE ACCEPTED THE IDEAL, COMPREHENSIVE TREATMENT PLAN



DIRECT RESTORATIVE:

COMPOSITE RESTORATIONS (2)

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 \bigcirc

ROOT CANAL THERAPY (2)

ENDODONTICS

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IMPLANTS:

IMPLANT PLACEMENT WITH BONE

DELIVERY, SINGLE UNIT IMPLANT

CROWN DELIVERIES (2)

GRAFTING (4), 3-UNIT IMPLANT FDP

ORAL SURGERY: SURGICAL EXTRACTIONS AND BONE GRAFTING (4)

FIXED RESTORATIVE:

Build up placement, single unit crown deliveries (11), multiple unit veneer deliveries (4), occlusal guard delivery (1)

INTERDISCIPLINARY CARE

KEYS TO SUCCESS

•

EFFICIENT COMMUNICATION BETWEEN EACH SPECIALTY AND CONSISTENT FOLLOW-UP NECESSARY.

PROGRESSION OF TREATMENT PLAN

PHASE 1: TO MAINTAIN VDO

 ESTABLISH AND MAINTAIN POSTERIOR STOPS FOR STABLE VDO AND OCCLUSION

1. 3 QUADRANT (UR/UL/LR) LIMITED SRP AND PROPHY, OHI, ITE

2. #29 – Caries removal and composite restoration MOD

3. #14 – CARIES REMOVAL, RCT, BUILDUP, PREP AND TEMP FOLLOWED BY DELIVERY OF CROWN

4. #19 – Section Bridge, extraction with Bone graft

5. #21 – CARIES REMOVAL, RCT IF NECESSARY, PREP AND TEMP FOLLOWED BY DELIVERY OF CROWN

6. #15 – CARIES REMOVAL, RCT, BUILDUP, PREP AND TEMP FOLLOWED BY DELIVERY OF CROWN

7. #31 – CARIES REMOVAL AND BUILDUP, PREP AND TEMP FOLLOWED BY DELIVERY OF CROWN

8. #3 BONE GRAFT AND IMPLANT & #30 BONE GRAFT AND IMPLANT

PHASE 2: TO BUILD BACK

WITH POSTERIOR STOPS AND VDO MAINTAINED, THE OCCLUSION WAS STABLE

ONCE PREVIOUS RESTORATIONS IN PHASE 1 WERE ALL DELIVERED AND POSTERIOR STOPS MAINTAINED, WE BEGAN THIS PHASE.

- 1. #5- #11 CARIES REMOVAL AND BUILDUP IF NECESSARY, PREP AND TEMP FOLLOWED BY DELIVERY OF CROWNS
- 2. IMPLANT PLACEMENT 19-21 WITH BONE GRAFT
- 3. IMPLANT #3 AND #30 RESTORATIONS
- 4. #23-26 CARIES REMOVAL, VENEER PREP AND TEMPS FOLLOWED BY DELIVERY OF CROWNS
- 5. #19-21 IMPLANT FDP RESTORATION
- 6. NEW PLAN ADDED FOR REDO CROWN #18 (ZIRCONIA)
- 7. OCCLUSAL GUARD FOR MAXILLA

THIS PRESENTATION OF IMAGES AND DENTAL WORK IS IN CHRONOLOGICAL ORDER OF THE TREATMENT PLAN AND HOW WE PROGRESSED THROUGH CLINIC

• I STARTED THIS CASE IN SEPTEMBER 2020 AND FINISHED IN MAY 2021

****Expected timeframe for completion: 14-16 months****

****ACTUAL TIMEFRAME OF COMPLETION: 8 MONTHS****

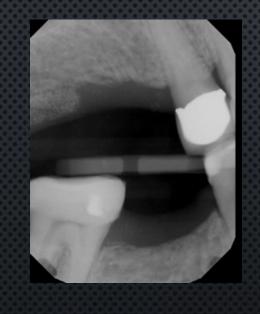
DIAGNOSTIC CASTS WITH WAX-UP

DIAGNOSTIC CASTS



IMPLANT PLACEMENT #3 10/27/2020

• THIS DAY, I PLACED MY FIRST IMPLANT (#3) UNDER THE SUPERVISION OF DR. MASHKOOR



PRE-OP BWX



IMPLANT INTRA-OP PAS

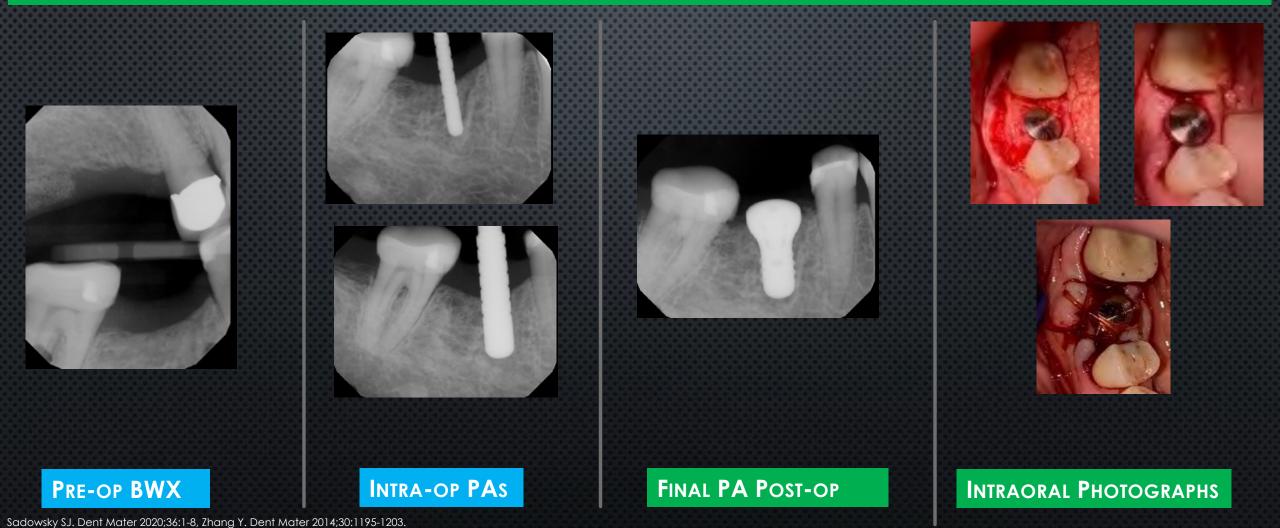


INTRAORAL PHOTOGRAPHS POSTOP

Sadowsky SJ. Dent Mater 2020;36:1-8, Zhang Y. Dent Mater 2014;30:1195-1203.

IMPLANT PLACEMENT #30 10/27/2020

 THIS SAME DAY, I PLACED MY SECOND IMPLANT (#30) UNDER THE SUPERVISION OF DR. MASHKOOR



ZIRCONIA CROWN #14, #15, #31 DELIVERED 11/06/2020

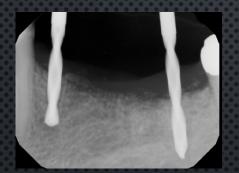
PREP AND TEMP, #5-11 11/16/2020



IMPLANT AND BONE GRAFT PLACEMENT #19,#21 01/11/2021

THIS DAY, I PLACED ADDITIONAL IMPLANTS, (MY FIRST IMPLANT BRIDGE) (#19, #21) UNDER THE SUPERVISION OF DR. MASHKOOR

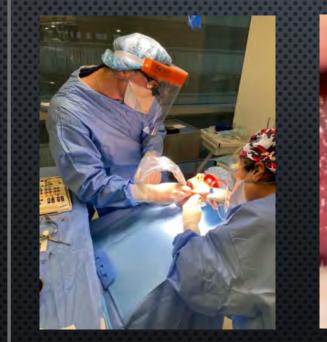
RADIOGRAPHS



INITIAL OSTEOTOMIES



FINAL PA POSTOP



INTRAOP PHOTOGRAPHS





CIMOE CROWNS #5-11 DELIVERY DAY 1/15/2021





MASTERCAST WITH ALL CROWNS PRE-DELIVERY

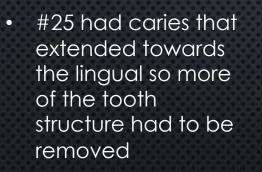




Post-cementation

VENEERS PREPARATIONS 2/4/21

Preparations



VENEER DELIVERIES #23-26 3/12/2021

POST-DELIVERY













CUSTOM TEMPORARY ABUTMENTS 19-21 (IMPLANTS) 3/26/21

CUSTOM TEMPORARY ABUTMENTS





- FLOWABLE COMPOSITE AS BUILDUP AROUND BOTH CUSTOM ABUTMENTS • PREPARED LIKE A
 - <u>CROWN</u>
- INTEGRITY USED FOR
 PROVISIONAL



Post cementation of temporary bridge to custom temporary abutments



CUSTOM TEMPORARY ABUTMENTS

- ESTHETIC TRANSITION BEFORE PERMANENT
 BRIDGE
- Get <u>ACCUSTOMED</u> TO PRESENCE OF TEETH ON LL SIDE
- Shape the soft tissue for ideal
 <u>Emergence profile</u>

PLACED MARGINS OF TEMPORARY ABUTMENT AWAY FROM IMPLANTS TO AVOID CEMENT EXTRUSION INTO IMPLANT SITES

CONVERSION OF CEMENT-RETAINED PROVISIONAL ON #19-21 IMPLANTS TO SCREW-RETAINED PROVISIONAL 4/7/21

- SIMILAR TO HOW FINAL RESTORATION WILL BE: #19 NON-ENGAGING ABUTMENT, #21 ENGAGING ABUTMENT
- CONVERTED #19 CUSTOM ENGAGING TEMPORARY ABUTMENT TO NON-ENGAGING TEMPORARY ABUTMENT WITH THE HELP OF DR. GONZALEZ
- CONVERTED PROVISIONAL TO SCREW RETAINED ON #19 VIA CREATION OF SCREW ACCESS HOLE





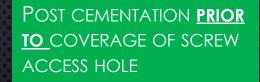


REMOVAL OF ENGAGING COMPONENT











DELIVERY OF ZIRCONIA CROWN #18 DELIVERY OF IMPLANT SCREWMENTABLE BRIDGE #19-21 4/30/21

VYR . Mary

INTRAORAL PHOTOGRAPHS

Post Cementation





29 MOD REDO COMPOSITE 22 DL REDO COMPOSITE 5/7/21

- LIGHT DISTAL CONTACT ON#22 AND #29
- #29 MOD **STAINED** WITH MICROSHRINKAGE
 - BONDED NEW PREP TO ENAMEL





INTRA-OP PHOTOS OF TOOTH #29 AND #22





Final, filled photos of tooth #29 and #22

DELIVERY OF MAXILLARY NIGHT GUARD



SIGNIFICANCE OF AN OCCLUSAL GUARD

- Literature demonstrates a statistically significant (p<0.05) correlation between bruxism and porcelain chipping, in addition to implant failure
- The use of an occlusal guard assists in preventing veneered porcelain from chipping
- The use of an occlusal guard has been shown to reduce overload failures of implants

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...TO AFTER





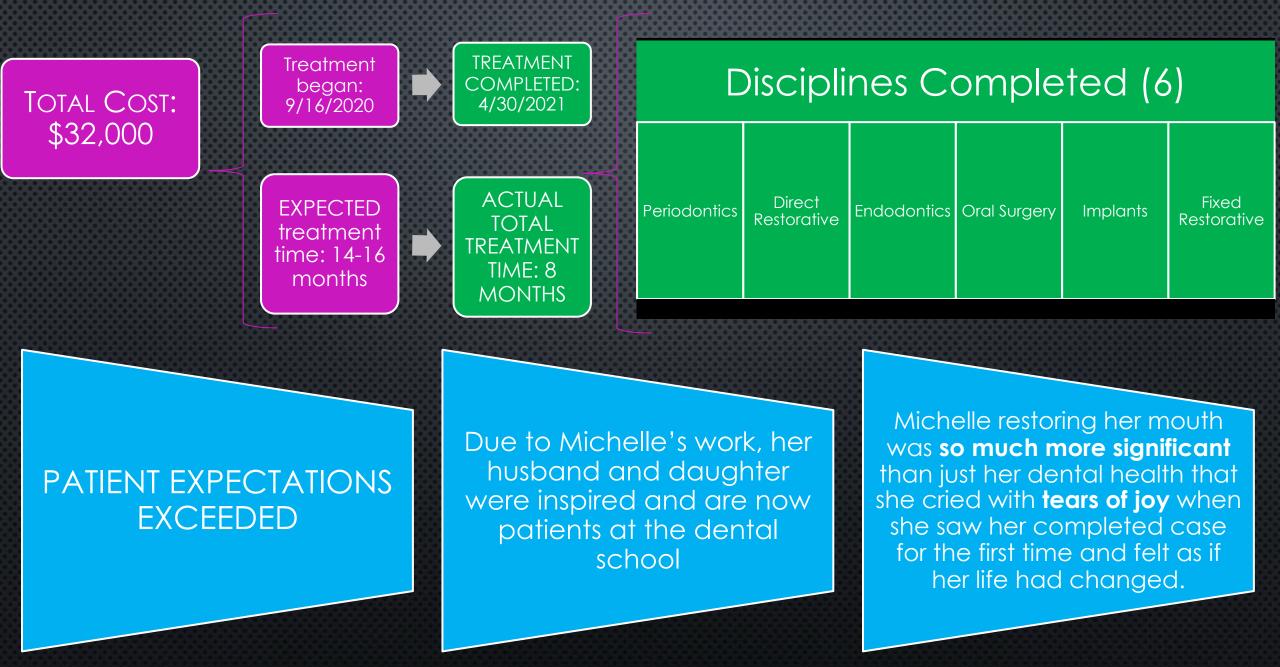








SUMMARY OF CASE



ALTHOUGH IT GAVE ME PRIDE AND JOY IN COMPLETING THIS FULL MOUTH RECONSTRUCTION CASE, ONE OF THE GREATEST REWARDS CAME FROM A LETTER MICHELLE SENT ME AND I WANT TO SHARE SOME DIRECT QUOTES FROM THIS LETTER BELOW:

"I associated the dentist with feeling of shame and guilt" and "relived the traumatic memory of being slapped by my childhood dentist for crying."

"My past dental work was hitting its expiration date. I had some savings but was angry I had to spend it on my teeth."

"When I came to the school, I had familiar sensations of anxiety and embarrassment. I feared judgement for my years of unhealthy habits."

"My experience with you and the UoP team was transformative. I could never have anticipated the sense of fulfillment, growth and inspiration I've received from this endeavor."

"Brandon, you taught me how to value my teeth and in turn, how to value myself. I'm so very grateful."



SPECIAL THANKS

- I WANT THANK TO ALL OUR WONDERFUL FACULTY, STAFF, AND MY CLASSMATES FOR ALWAYS WILLING TO HELP AND BEING SUCH AMAZING INDIVIDUALS THAT MAKE DUGONI SCHOOL OF DENTISTRY THE WAY IT IS.
- I WANT TO GIVE A SPECIAL THANKS TO THE FACULTY, DR. GLEN HEBERT, DR. FATIMA MASHKOOR, DR. SANDY MCLAREN, DR. EDUARDO GONZALEZ, DR. STEVEN SADOWSKY, DR. MARK STEVENSON, DR. JUSTIN YOUNG, LUCY WRIGHT-NIELSON, MARIETTA DANIEL, AND CARLOS CORREA, THAT HAVE WORKED WITH ME ON THIS CASE, AS I WOULD NOT HAVE BEEN ABLE TO LEARN AND PROGRESS THROUGH THIS CASE WITHOUT THEM.

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